

# March 24

Eastern Connecticut State University  
Intramurals & Recreation Fitness Class Calendar

**Check out what Intramurals and Rec has to offer this month!**

**To sign up and for more information on intramural sports visit [www.imleagues.com](http://www.imleagues.com)**

**All fitness classes are free to Eastern students, faculty & staff. Participants must bring a valid Eastern ID to all programs.**



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Open Gym 8-11p Stretch & Strength 10a Dance Studio	2
3 Open Gym 8-11p Stretch & Strength 1p Basketball 8-11pm	4 Open Gym 8-11p Basketball 8-11pm	5 Open Gym 8-11p Basketball 8-11pm	6 Open Gym 8-11p Yoga 1:00p Dance Studio Volleyball 8-11pm	7 Open Gym 8-11p Volleyball 8-11pm	8	9
10 Spring Break	11 Spring Break	12	13	14	15	16
17 Open Gym 8-11p Stretch & Strength 1p Volleyball 8-11pm	18 Open Gym 8-11p Open Pickleball 8-10p Functional Fitness 7pm Dance Studio	19 Open Gym 8-11p Open Pickleball 8-10p Functional Fitness 7pm Dance Studio	20 Open Gym 8-11p Yoga 1:00p Dance Studio Volleyball 8-11pm	21 Open Gym 8-11p Kickboxing 7pm Volleyball 8-11pm	22 Open Gym 8-11pm Stretch & Strength 10a Dance Studio	23
24 Open Gym 8-11p Stretch & Strength 1p Volleyball 8-11pm Wiffleball 8-11pm Turf	25 Open Gym 8-11p Open Pickleball 8-10p Functional Fitness 7pm Dance Studio	26 Open Gym 8-11p Open Pickleball 8-10p Functional Fitness 7pm Dance Studio	27 Open Gym 8-11p Yoga 1:00p Dance Studio Volleyball 8-11pm Wiffleball 9-11pm Turf	28 Open Gym 8-11p Kickboxing 7pm Volleyball 8-11pm	29	30

