We are pleased to have two new people join our faculty this year. Dr. Jan Redmond will be teaching courses in SLM and the LAC. She did her undergraduate work at Springfield College in health fitness with a minor in business. She completed her masters at Baylor University (Waco, Texas) in sport management and did her PhD at Springfield College in exercise physiology. Last year, she taught at Salisbury State College in Maryland.

Mr. Tony Monahan is about to complete his doctoral dissertation at Rhode Island College/University of Rhode Island Joint PhD Program in education. He did his undergraduate work at URI in physical education and health. He completed his masters at the URI with an emphasis in Adapted Physical Education. He has worked in higher education at the URI, RIC, College of Marin (CA), and Vista Community College (CA). He also has 16 years of K-12 teaching experience (elementary, middle, high school), in both public and private schools in the US, Dominican Republic, and Brazil. He will be teaching courses in PE and the LAC. Mr. Monahan is also an accomplished artist; some of his work is in area museums!

CTAHPERD Scholarships for Hanrahan & MacLeod

Two Eastern Physical Education majors have received scholarships from the Connecticut Association for Health, Physical Education, Recreation and Dance (CTAHPERD) for the current academic year. Rachel Hanrahan and Mackenzie MacLeod, both first-years, won the Benevento/CTAHPERD Scholarship for outstanding high school students who pursue careers in our related fields. Only two of these scholarships are awarded each year and for the third consecutive year, ECSU PE majors won both (Matt Lance and Stephanie Norell won them in 2007; Jamie Kohn and Jessica DiManno won them last year).

In addition to these scholarships, CTAHPERD will honor Dr. Nanette Tummers (Professional Service Award) and ECSU alumnus Eric Uthgenannt (PE, 1999) (Outstanding Elementary School Physical Educator, Skinner Road School, Vernon).

CTAHPERD Scholarships for Hanrahan & MacLeod

The purpose of the Majors Club is to give students the opportunity to participate in community service, to network with other peers and professionals in the field, to provide mentoring to new members of the major, and to be able to have a voice in the major.

Club Officers: Christina Schirone - President; Stephanie Norell - Vice President; Matthew Lance - Treasurer; Laura Holt - Secretary; Kelsey Watson - Public Relations.

Planned activities for the fall include: polo shirt sale; hike in Natchaug Forest to Diana’s Pool; ice skating at UConn; Pizza & Ice Cream Social; bus trip to the Bodies Exhibition at Foxwoods.

Start attending the Majors Club meetings and start investing in your future! The meetings are Mondays at 3 pm in Student Center 219.

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The British Are Coming!

In April 2010, ECSU will be hosting a group of physical education major students from the University of Cumbria in northern England. Long-time colleague, Dr. Jim Lavin, England’s leading physical educator, will coordinate the visit with Dr. Horrocks. The English students will visit classes on campus, teach in local schools, present workshops and attend special events. This is a continuation of an 18-year long program of student/faculty exchanges between UC and ECSU.

Dana E. Clark Lecture Highlights

Approximately 100 students, family members, faculty and friends attended the Dana Clark Lecture and Awards Ceremony this past April. The event featured guest speaker Mr. Brian Reynolds (SLM, 2005), Head Strength and Training Coach at Southern Connecticut State University. Several ECSU students from SLM and PE were also recognized and honored.

Alpha Upsilon Chi (the international honor society for students in our related fields) inducted Amy Brosnan, Jessica London Castillo, Kimberly Church, Matthew Leitao, Ashley McFetridge, Meagan Puzacke, Brent Ramsey, Natalie Ruggiero, and Kelsey Watson.

A Special Recognition Award was given to Mary Chalupsky for outstanding service to HPE.

Where did they go….?

Student Teachers Fall 2009

The following seniors are out in area schools doing their practice teaching of health and physical education in elementary, middle, and high school placements: Wes Dutton, Drew Gomes, Joseph Hanna, Amanda Hardy, Kevin Hartery, Ryan Jalbert, Sandra Jaques, Matthew Leitao, Jessica London Castillo, Michael Montanari, Nick Noheimer, Danielle Olivier and James Varano.

Internships for Upper Level Students in SLM

Several students are doing internships this semester. James Fitzgerald (XL Center), Ismael Bolorin, Jr. (Connecticut Recreation and Parks Association), Anthony Connors (Coventry Youth Football), Chase Golemon (Eastern Events Management), and Andrew Bass (Eastern Sports Information) are completing these pivotal SLM requirements.

Outstanding Academic Achievement Awards (based on highest GPAs in each class): First Years - Jamie Kohn (PE); Sophomores - Christina Schirone (PE) & Christopher Foti (SLM); Juniors - Stephanie Norell (PE) & Erica Raschke (SLM); Seniors - Matthew Leitao (PE), Dustin Yakoubian (PE) & Christina Amato (SLM).

Outstanding Major Awards: Sport & Leisure Management - Christina Amato, Justin Brown, Ashley McFetridge, & Meagan Puzacke; Physical Education - Molly Desjarlais & Dustin Yakoubian.

Professional Points are always available for attending any professional meeting such as this one.

SLM Scholarship Luncheon

Students from Dr. Kane’s SLM 345: Leadership and Problem Solving class raised approximately $1000 for the Daniel Switchenko Scholarship Fund. The faculty and staff luncheon featured entrepreneur Craig Yarde who turned a $1000 initial investment into a $400 million business. The entertaining and enlightening keynote address was highlighted by Mr. Yarde’s personal donation of $500 to the scholarship fund.

From the left: Eric Gauvin, Evan Brookshire, Craig Yarde, Ashley Janser and Dr. Kane.
Eastern Students on Mission in Belize

In May, Kim Church (PE, 2010), Stephanie Norell (PE, 2011) and Lauren Hickey (BUS, 2011) participated in a mission trip to Central America. They worked at the Holy Anglican Primary School in San Mateo, Ambergris Caye, Belize. Kim, Stephanie and Lauren worked with students at the school in the classroom, built a fence barrier, drilled, hammered, painted, and played soccer with the kids at recess. It’s always great to see our students making a difference out there, and international travel is at the very heart of the liberal arts ideal.

Outstanding Majors Update

Dustin Yakoubian (Outstanding PE major 2009) writes from his new home (for the next year at least), and location of his first teaching job: Shekou (Shenzhen), China. He will be working at Shekou International School and teaching K-5, although the whole school covers K-12. “I just wanted to say hello and provide evidence that my ECSU credentials got me somewhere in the world of PE and the world of...the world.” Editor's Note: Teaching in international schools is a fabulous way to see the world and once you are in the network, you can teach, live and travel ANYWHERE!

Christina Amato (Outstanding SLM major 2009) writes from Eastern Carolina University where she is pursuing a masters in exercise science. “I am taking advanced exercise physiology and two research seminars (so not fun), and I get to work in the Human Performance and FITT labs; they are incredible. The program has so many research studies going on and their equipment/resources are out of this world. The south has definitely been a culture shock for me but so far so good! This school is HUGE: 28,000 students (all wearing purple and gold all the time). Everyone here is crazy about the football program so it has been quite the experience attending the games. Hope everything is going well at ECSU, I am definitely missing everyone up there! No one can compare!”

The other three SLM Outstanding majors from last year are also busy: Ashley McFettridge is working in event planning and just got back from Las Vegas; Meagan Puzacke is in Egypt; Justin Brown is in Storrs at UConn graduate school.

Alumni News

Courtney DiTarando (PE, 2008) is teaching elementary physical education in Manchester; Mallery Andreozzi is working in Foxborough (MA) Regional Charter School. She is teaching health and PE at the middle school and is also doing 10th and 12th grade health.

Melissa Klar (PE, 2006) has completed a three-day seminar and is now qualified to be a mentor and cooperating teacher for physical education students. “I wanted to connect back with the school and the teachers that made me the educator that I am today! Thank you for all you have done.” Melissa is teaching at Coventry High School.

Professional Development Points

PE and SLM major students must average ten (10) Professional Development Points (PDPs) for every semester beginning with the term a student first registered for a course in the major program. These points are required as a prerequisite for registration in upper level PE courses as well as SLM internships. Please consult the PDP documents for details.

There are almost unlimited ways to earn points, including PE/SLM Majors Club membership, attending conferences, internships in GER courses, volunteer work, coaching, and making professional presentations.

The PDP documents are in the hanging file in the department’s main office.

Registration for Spring 2010

Hard to believe, but next semester’s registration process will begin in a couple of weeks. Please watch your ECSU email and Sports Center bulletin boards for dates and times of the group advisement sessions. Students must attend these group meetings to receive advisement and their PINs.

No registration codes will be available otherwise. Furthermore, please note the course prerequisites on the various advisement forms.

For the advisement sessions: Bring a current transcript (unofficial) AND PE majors must also bring verification of PRAXIS I scores and CARE acceptance if either has been attained.
Just as we expect students to be involved in their field of study, HPE faculty are also required to participate in professional development activity.

**Mary Chalupsky**, a long-time faculty member in our department, is in the process of moving to Philadelphia with her husband. Over the years, Mary has taught Personal Health, fitness classes, and most anything we have asked her to do for us. She is still teaching Zumba here a couple of days a week for faculty, staff and students, so try to find her before she finalizes her move.

**Dr. Charlie Chatterton** (left) continues to work to combat poverty and has recently been featured on radio and television, and in print as well. He has completed several more marathons over the past few months. His original goal of 38 marathons (one race for every million people in poverty in the US) has recently been upgraded to 42 with recent census information showing there are now 41 million Americans below the poverty line.

**Dr. Chatterton** also traveled to Washington, DC, twice this summer in his new capacity as President-elect of CTAHPERD. He also attended the EDA Leadership Conference in Portland, Maine, in August. In addition, Dr. Chatterton serves as the Physical Activity Advisor of the Connecticut Department of Public Health WISEWOMAN Program. He is also a member of the Connecticut State Department of Education School Health and Mental Health Advisory Committee.

In case you missed it, **Dr. Williams** appeared on HBO’s Real Sports with Bryant Gumbel in April to talk about appropriate practices in physical education and, of course, dodgeball.

**Dr. Nanette Tummers** continued her busy professional engagement over the past few months. She received a CTAHPERD mini-grant to purchase supplies for The Sisterhood, a Fall 2009 mentoring and stress management program for at-risk high school girls. Dr. Tummers will be teaching “Mindful Education” at the Family Center on Wednesdays from 3-4 pm. Students interested in volunteering for either program should contact Dr. Tummers.

She traveled to the National Wellness Conference in Stevens Point, Wisconsin, and presented two sessions: “Organic Mindfulness” and “Yoga for Kids—Yoga for Healthy and Balanced Living.” She attended a retreat at the Omega Institute in Rhinebeck, NY, on Mindful Education. Dr. Tummers was nominated for the 2009 Campus Compact Thomas Ehrlich Civically Engaged Faculty Award. She also participated in a three-day Comprehensive School Health Education Curriculum Development Institute through the State of Connecticut Department of Education.

**Dr. Daniel Switchenko** has made several keynote speaking presentations thus far this fall. He has been featured at high schools throughout New England and at the Massachusetts Interscholastic Athletic Association Leadership Conference. His topics include: “Leadership;” “Substance Abuse and Its Impact Upon Academic and Athletic Performance;” “Ingredients for Success.”

In addition, during the summer, Dr. Lee completed the 20th Danskin Women’s Triathlon (Webster, MA) with **Mrs. Jackie Nelson** (Secretary, Athletics: Run) and Patti Brown (ECU Alumna: Bike) placing 12th out of 100 relay teams. Dr. Lee completed the 0.5-mile swim portion at 210th place out of 2698 individuals/teams. Dr. Lee also completed a 1-mile open water swim at Salem, MA, in 4th place in her division (15 swimmers) and was 26th overall out of 61 female swimmers.

**Dr. Greg Kane** presented “Technology and Classroom Instruction: The Tension Between Technological Measures To Protect Exclusive Ownership Rights and Fair Use” at the National American Society for Sport Management Conference in South Carolina. In addition, Dr. Kane will continue to serve as senator for the Department of Health and Physical Education in the University Senate. Finally, Dr. Kane has just been promoted to 4th degree black (Yodan) belt by the United States Judo Association-Jujutsu Division.