CTAHPERD Scholarships Won by DiManno, Kohn, Yakoubian

Three Eastern PE majors have received scholarships from the Connecticut Association of Health, Physical Education, Recreation and Dance (CTAHPERD) for the current academic year.

Jamie Kohn and Jessica DiManno, both first-years, won the Benevento/CTAHPERD Scholarship for outstanding high school students who pursue careers in our related fields. Only two of these scholarships are awarded each year in Connecticut, and for the second consecutive year, ECSU PE majors won both (Matt Lance and Stephanie Norell won them last year).

In addition, Dustin Yakoubian won the CTAHPERD Gibson-Laemel Academic Scholarship. Dustin is a senior PE major who has done outstanding course work at Eastern and is also an RA in Occum Hall.

Christina Amato Selected as ECSU EDA Representative

Christina Amato (SLM 2009) was recently selected as Eastern’s delegate to the Eastern District Association (EDA of AAHPERD) Leadership Conference in Stroudsburg, PA. Christina will attend the EDA convention this fall and participate in workshops and classes with other talented SLM and PE majors from all over the USA’s eastern region.

New Faculty Member Joins Health & Physical Education Department

Please welcome Dr. Anita Lee to the SLM/HPE faculty as a full-time tenure track Assistant Professor. She comes to us from Plymouth State University (NH) and is a graduate of Hong Kong Baptist University (BA: Physical Education and Recreation Studies) and Springfield College (Master of Science: Recreation Management; Doctorate: Physical Education).

Dr. Lee will be teaching a variety of courses in our programs and is also an accomplished swimmer and tri-athlete. Her office is in Room 220A in the Sports Center.

Got First Aid?

Mary Chalupsy (adjunct faculty for Personal Health) will provide First Aid/AED training to any and all who are in need. The cost is $40.00 for a two-year certification. The American Heart Association does have an online course where the students can do the “book learning” and then participate in a practical training session with Ms. Chalupsy. Students interested in the online version need to contact Mary to begin the process. The cost for the online approach is $55.00 for a two-year certification.
Whatever happened to....?

Student Teachers in Fall 2008
The following seniors are in area schools doing their practice teaching in health and physical education in elementary, middle, and high school placements: Amy Barrett, Ali Bergeron, Sean Brinckerhoff, Bridget Durette, Kelli Mahder, Eric O'Toole, Chad Rowan, and Dan Verboven.

Internships for Upper Level Students
Several students are doing internships this semester. Among them are: Jonathan Barney (with Coach Greg DeVito in Men’s Soccer); Natalie Ruggiero (one in coaching with the North Haven swim club and one with Dr. Yeo in Athletic Training); Ashley McFetridge (summer 2008 internship as Media Director with the Torrington Twisters, a team in the New England Collegiate Baseball League); Eric Grundfast (at Rentschler Field in stadium operations including UConn football, various seminars for large companies, and fundraisers); Mike Caporiccio (with Lauren Perrotti-Verboven at Camp Horizons); Jason Budahazy (with United Technologies, overseeing real estate transactions all across the world...really!); Jordan Valentine (as an Assistant Golf Professional at Lake of Isles Golf Resort at Foxwood Casino) Christina Amato (with Dr. Tummers’s Sisterhood Project and with Dr. Williams in GER Jogging for Beginners); Kelly Finlay (with Coach Pepin in Softball); Kevin Hartery (with Dr. Williams in GER Jogging for Beginners); and Santiago Baez (in the ECSU Sports Information office with Bob Molta).

There are almost unlimited possibilities for internships and they provide practical experience students can’t get in a traditional classroom setting. What would you like to do?

Registration for Spring 2009
Hard to believe, but next semester’s registration process will begin in a couple of weeks. Please watch your ECSU email and bulletin boards for dates and times of the group advisement sessions. Students must attend these group meetings to receive advisement and their PINs.

No registration codes will be available otherwise. Furthermore, please note the course prerequisites on the various advisement forms.

For the advisement sessions: Bring a current transcript (unofficial) AND: PE majors must also bring verification of PRAXIS I scores and CARE acceptance if either has been attained.

Majors Club Ready for Fall 2008
The purpose of the majors’ club is to give students the opportunity to participate in community service, to network with other peers and professionals in the field, to provide mentoring to new members of the major, and to have a voice in the major. Peer tutoring is also being discussed as another way the club can help students.

Be ready to start attending the majors’ club meetings next semester and start investing in your future!

Desjarlais Writes Article for Publication
Molly Desjarlais (PE 2009) and Neil Williams have submitted an article to The Great Activities Newspaper, a national professional teaching publication with over 8,000 subscribers. The title of their article is Target Tennis, and features the latest trend in physical education instruction: fitness in disguise. Publication is expected during the fall semester.

Hartford Sports Science/Medicine Academy to Visit
The Hartford Sports Science/Medicine Academy will visit the HPE Department at Eastern in November (date TBA). Approximately 60 high school juniors and seniors interested in our programs will attend and participate in a series of sport-related activities, games, and classes. Heidi Schmidt (PE 1993) and Erik McKay (PE 2008) are both on staff at the school and will also be attending.

Volunteers are needed for a variety of jobs with this program. Professional Points are available. Contact Dr. Horrocks.

NCATE Extends HPE Program Approval
As of this past July, NASPE/NCATE (national accrediting agencies) have extended the national accreditation status of ECSU’s Physical Education Teacher Certification Program through July of 2010. The faculty in the department are committed to the ongoing process of program evaluation and program change to ensure accreditation for our teacher candidates!

Congratulations and thanks to Dr. Darren Robert who worked for well over 100 hours on our departmental report. A herculean effort, indeed.

Rachel Soychak (PE 2010) took part in the Willimantic Parents Network Reading Project at Memorial Park on September 20, 2008.
Clark Lecture Draws a BIG Crowd

Approximately 100 students, family members, faculty and friends attended the Dana Clark Lecture and Awards Ceremony this past April. The event featured guest speaker Dr. Sean Walsh (ECSU 1997), Assistant Professor of Physical Education at Central Connecticut State University. Several ECSU students from SLM and PE were also recognized and honored.

Alpha Upsilon Chi (the international honor society for students in our related fields) inducted eleven outstanding Eastern students: Christina Amato, Jessica Bella, Jessie Benjamin, Justin Brown, Kelsey Caliento, Molly Desjarlais, Bridget Durette, Lindsay Raymond, James Varano, Christopher Woodside, and Dustin Yakoubian.

Special Recognition Awards: Mike Kubelle organized and ran the First Annual Brian Tvardzik Memorial Golf Tournament which raised more than $5000; Jason Budahazy collected over 10,000 food items for the Willimantic Food Pantry and fed more than 400 less-fortunate individuals and families on Eastern’s Day of Giving last November.

Outstanding Academic Achievement (based on highest GPAs in each class):
- First-Years: Matthew Lance, Stephanie Norell, and Jason Pryzbek
- Sophomores: Kimberly Church and Erika Raschke
- Juniors: Christina Amato and Michael Brady
- Seniors: Jenna Germain, Melinda Kerr, and Christopher Woodside

Outstanding Major Awards:
- Sport & Leisure Management: Amy Lampe and Lindsay Raymond
- Physical Education: Jenna Germain and Melinda Kerr

Professional Development Points are always available for attending any professional meeting such as this one.

Ed. Note: Editor’s highlight of the evening: Sean Walsh displayed his grade sheet from an HPE 361 paper done in 1994. He got a 79 from Dr. Williams but apparently still managed to write well enough to satisfy his PhD advisors at the University of Maryland.

Eastern Alumni at Work

More than 175 ECSU Physical Education Teacher Education (PETE) graduates are now teaching health and physical education full-time in Connecticut’s public schools. Recently joining their ranks are the following: Jenna Germain (Farmington); Jessie Benjamin (Burlington); RJ Voelker (New Haven); Erik McKay (Hartford Sport Science Academy); Kristin Fallo (Redding);
- Adam Phiah (Mystic); Adam Lachendra: Health/PE Teen Leadership at Howell Cheney Technical HS (Manchester);
- Joe Capitani (Bristol); Kevin Zalucki (Farmington HS with ECSU alumni Duane Witter and Ed Manfredi); Joel Ziff (Farmington); Abby DelNegro (long-term substitute in Norwich).

Mike Lavallee (PE 2006) is in his second year as an elementary school physical education teacher in Chester, SC. He writes, “I love everything about it. I want to thank everyone in HPE for the quality education that I received but more importantly their guidance. Faculty always took the time to talk with me and answer any questions that I had. I am appreciative of that.”

Professional Development Points

PE and SLM major students must average ten (10) Professional Development Points (PDPs) for every semester beginning with the term a student first registered for a course in the major program. These points are required as a prerequisite for registration in upper level PE courses as well as SLM internships. Please consult the PDP documents for details.

There are almost unlimited ways to earn points, including PE/SLM Majors Club membership, attending conferences, internships in GER courses, volunteer work, coaching, and making professional presentations.

The PDP documents are in the hanging file in the department’s main office.
**Faculty Professional Development Activity**

**Congratulations** to **Greg Kane** who successfully defended his doctoral dissertation in late August and will receive his degree, Doctorate of Philosophy in Kinesiology, from UCONN this fall. The title of his dissertation is *Perceived Effects of Martial Arts Training on Mood.* In the summer, he presented in Toronto at the National American Society for Sports Management on two topics: *A trend analysis of the NASSM conference abstracts from 2002 to 2007;* and *Picture this: Using film to identify sport’s theoretical underpinnings.* He will also be making a presentation at the CTAHPERD Conference in November.

**Dr. Anita N. Lee** represented Eastern at international conferences this past summer, making three professional presentations. She presented her original research entitled *Type of sport and its effect upon elite Chinese athletes’ evaluation of coaching behaviors* at the 2008 International Convention on Science, Education and Medicine in Sport [Pre-Olympic Congress] in Guangzhou, China. She also presented an original research paper entitled *The impact of physical activity across East and West,* and an oral session: *A comparison of coaching accreditation programs in Hong Kong and the U.S.A.* at the 16th Biennial conference of the International Society for Comparative Physical Education and Sport in Macau, China. Dr. Lee also attended the Beijing Olympic Games.

**Mary Chalupsky** is now certified by the American Heart Association to deliver Health Care Provider (HCP) certifications. HCP certification is professional rescuer training and includes two-person CPR/AED as well as advanced airway management (ambo or respiratory bags). The cost is $65.00 for a two-year certification.

**Dr. Daniel Switchenko** has made several keynote speaking presentations thus far this fall. He has been featured at high schools throughout New England and at the CIAC Sportsmanship Summit. His topics include: “Leadership;” “The Application of Exercise Science to Health and Physical Education;” “The Effect of Substance Abuse Upon Academic and Athletic Performance;” and “Being the Best.”

**Dr. Nanette Tummers** is on sabbatical leave in Fall 2008, and we miss her already. She is working on a new book, and conducting the Sisterhood Projects as well as stress management and mentoring programs for at-risk girls at Windham high School and Natchaug Hospital.

During the summer, **Dr. Tummers** traveled to Italy for a bike tour through Tuscany, became a certified holistic stress management instructor, and trained in Mindfulness Based Stress Reduction (MBSR) through the University of Massachusetts Medical School.

**Ms. Sara Gustavesen** has recently opened InsideOut Wellness LLC, delivering yoga and wellness classes to all ages and abilities. The studio is located on Main Street in Putnam, CT and more information can be found at <http://www.InsideOutWellness.com>. HPE/SLM majors are welcome to take a complimentary class.

**Ms. Gustavesen** will also have an article titled, *Baby’s Got Your Back,* published in the December issue of *Yoga Mom Magazine.* It’s about mothers with lower back pain.

**Dr. Charlie Chatterton** recently completed yet another marathon, the Adirondack Marathon in upstate New York. His goal is to complete 38 marathons dedicated to the 37+ million US citizens living in the poverty condition. The Adirondack Marathon puts him right at the half-way mark. To date, Dr. Chatterton has raised more than $5000 for the five charities he represents in his “Brake the Cycle” program.

**Dr. Darren Robert** will be providing a “Keynote Address” to the Tennessee Association for Childhood Education International on Saturday at Union University in Jackson, TN. The opening session for approximately 400 Early Childhood Teachers (Pre-K - 3rd grade) is titled: *Moving a Little - Learning a Lot!* Dr. Robert and his long-time collaborator, Dr. Bill Yongue, will demonstrate practical activities that classroom teachers can do in their existing classroom environment to get their children moving. It will probably be the only hour-long keynote ever at an early childhood conference that doesn’t involve sitting in chairs!