

**From:** Serignese, Paul C. (Housing and Residential Life) <SerigneseP@easternct.edu>  
**Sent:** Tuesday, August 26, 2025 4:00 PM  
**Subject:** Shafer Open Gym Hours

We are excited to announce that effective tomorrow (Wednesday, August 27), the **Shafer Hall Gymnasium is open to all residential students!** This space will be available for student use in addition to the open gym hours at the Sports Center. Please read below for more information about the use of the court:

#### **Hours of Operation of Shafer Hall Basketball Gym**

- Daily between 1:00 pm - 10:00 pm (please note that the Shafer Hall Office is not staffed on Saturday and Sunday until 7pm)
- Thursday the gym is set to Volleyball (anyone playing basketball in the gym will lose their access to the Shafer gym)
- Friday-Wednesday the gym is set to Basketball
- The gym is closed on the following dates: 11/25-29 and 12/12 through the spring semester

#### **Accessing the Shafer Hall Basketball Gym**

- Please use the High Street entrance located in the back-parking lot to gain entry into the hall. This is the only door that non-Shafer residents can fob into during the hours listed above.
- Please note that you will need to use your fob to enter the gym each time you leave

#### **Important Information**

- Please bring your own ball. There is limited recreational equipment available unless there is an approved organized event.
  - Over the next few days we will roll out some new purchases for the area including agility ladders and plyometric boxes so students can work on their athleticism while between games
- Please do not wear street shoes into the gym and bring shoes to change into in order to protect the floor.
- Do not open emergency exit doors to let people in. These doors are alarmed and are not to be used except in case of an emergency.
- There may be some times during open gym where the gym is not available due to a planned program/event. In these cases, signs will be posted at the entrances. The gym is scheduled to be closed to all students at the following times:

- Thursdays from 1pm-2pm weekly (Women's Volleyball team) and
- Fridays from 4:30-6:30pm (Modern Movement)
- October 25 and 26 from 1pm-5pm (competitive Dance Team)
- Directly outside of the court are bathrooms (men, women, and gender neutral), vending machines (credit, debit, Apply Pay, and Google Pay), and a water fountain with a water bottle filling station. Feel free to make use of these amenities.
- You may be asked to provide your ID to the staff at any time while using the gym.
- The Shafer Gym is only open to Eastern residents (no guests are permitted),
  - we will provide information in the future about commuter student access to the gym.
- Anyone in the Shafer gym must wear a shirt, sorry no games with teams being shirts and skins
- It is expected that people will use the gym in a fair and equitable manner especially during peak activity hours.
- Students who do not abide by these regulations may be subject to having their access to this space revoked and documented through the Student Conduct process.

We hope to see you stop by and play! If there are any questions or concerns while using the Shafer Hall Gym, the Shafer Hall office can be reached by calling 860-465-5087.

**-Paul**

Paul C. Serignese, Sr. (He, Him) [why pronouns matter](#)

Director of Housing and Residential Life

Eastern Connecticut State University

Wood Support Services room 245

Phone: (860) 465-0012

Fax: (860) 465-5151

Email: [serignesep@easternct.edu](mailto:serignesep@easternct.edu)

Department Website: <https://www.easternct.edu/housing/>

Social media sites:

