



# Iceland

## REYKJAVIK

### PSY 471 (3 CREDITS)

## CROSS-CULTURAL WELL-BEING

### AT A GLANCE

**Travel Location:** Reykjavik, Iceland

**Travel Dates:** 6/20/26 – 6/30/26

**Estimated Cost:** \$3,800

**Class Meetings:** Monday 10:00–10:50

**Class Prerequisites:** None

*Note: Dates and costs subject to slight change as plans are finalized*

### ABOUT THE COURSE

During weekly spring meetings, students will explore cross-cultural concepts of well-being, with a special focus on Iceland. In June, they will travel to Iceland, known as one of the happiest nations in the world. Over the course of this 10-day trip, students will build on the principles of well-being studied in PSY 471, while immersing themselves in Iceland's unique culture and breathtaking landscapes.

### FACULTY

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