

# *The Queer & Now*

**Therapeutic group for members of the LGBTQIA+ community**

Topics may include: developing healthy interpersonal relationships, navigating gender dysphoria, exploring areas of identity, reducing anxiety, and navigating anti-LGBTQIA+ rhetoric and environments.

**When:** Thursdays 3:00 pm - 4:00 pm

**Where:** CAPS Webb Hall, 4th Floor

**Led By:** Greg Betz (he/him), Psy.D.

**Who:** Students who are part of the **LGBTQIA+ community**. This group is also welcoming to students who may be exploring or unsure of their sexual and romantic orientations and/or gender identities.

While allies play an important part in advocating for and supporting the LGBTQIA+ community, a major intention of this group is to create a safe space for LGBTQIA+ students, specifically. Non-LGBTQIA+ students are encouraged to inquire about other therapy groups offered at CAPS or participate in other forms of advocacy.

**Contact Dr. Greg Betz (he/him) at CAPS at (860) 465 0181 to see if it is a good fit**