



Creating Connections

A group for any student wondering about ways to change their social outlook

Are you...

Feeling lonely?

Having a hard time making friends?

Anxious in social situations?

Looking to improve communication skills?

Having a hard time finding support?

Then this is the group for you!

Where: CAPS - Webb Hall, 4th Floor

When: Wednesdays from 3-4pm

For more information

Call CAPS: (860) 465-0181

Email: betzg@easternct.edu

