



Sick Exclusion Policy

When a child becomes ill at the center, parents/guardians are contacted immediately. Families must pick up their sick child within 30 minutes of contact by the Center. In the event you do not pick up within the 30 minutes frame, the Center will notify your emergency contacts as an alternate to pick up your child.

When a child has an illness that requires medication and/or is contagious, parents/guardians are required to notify the center. A note from the physician stating that the child is free of contagious illness is required upon the child's re-entry into the center. One of the best signs of whether or not a child is ill is how he or she looks and acts. Here are some quick signs of illness which require children to remain home:

- Difficulty breathing
- Skin rash or sores
- Eyes swollen, crusty, or goopy
- Ears draining
- Difficulty swallowing
- Fever of 100.4 degrees or higher
- Vomiting
- Diarrhea (three or more soft, loose stools)
- Listless, lethargic, or unresponsive
- Doubled over in pain, unable to move
- Wheezing

Children may only return to the program when they have been symptom-free for 24 hours and/or with a physician's note, depending on type of illness.

Please Note:

Epidemic/Pandemic and Other Emergency Protocol:

During times of epidemics and or pandemics as well as other emergencies which may arise, the Center reserves the right to modify policy pertaining to Health and Safety including but not limited to Sick/Exclusion Policy noted below. Modifications will be considered with guidance from the school nurse and/or local and state agencies. Families will receive a memo with immediate changes.

Sick Child Form

Child's Name: _____ Room: _____ Date: _____

_____ had the following indications of not feeling well today: _____.

Child's Temperature: _____ Time: _____

Staff Making Report: _____ Admin. Initial _____

Parent/Guardian Signature: _____

Diarrhea or vomiting: The child may return when free from symptoms for 24 hours. Child will be sent home if they have a watery stool that cannot be contained in a diaper or underpants or 3 or more, soft, loose stools.

Fever: Temperatures above 100.4 °F or higher. Child may return when free from fever for 24 hours without the aid of fever reducing medicine. (Using oral/axillary medical-grade thermometer)

Skin conditions: A child should be excluded in the following circumstances:

- * Open wounds or blisters that are draining fluid and cannot be covered.
- * Multiple fluid filled blisters
- * Rapidly spreading red raised areas of the skin associated with itching.
- * A recent diagnosis by a physician of impetigo, coxsackie virus or other infections process will require a physician note to return.

Pediculosis (Head lice): The child may return to school following a minimum of two (2) days of treatment.

Cold: The child may attend school if he/she is free from fever and general malaise. If a child has a lingering cough (a signal of an upper respiratory infection), he or she should be seen by a physician.

Earache: The child should be seen by a physician and return to school following a minimum 24 hours of treatment.

Eye Drainage: A child with persistent, thick yellowish drainage and crusting eyelashes should be excluded. Children with tearing associated with cold signs and symptoms should be monitored.

Head Injury: In the event of a head injury, bump on the head, families will be notified. In some instances, it may be necessary to pick up your child out of an abundance of caution.

If a child has a diagnosis of the following by their health care provider, they may return to school under the following conditions as well as a clearance note from the physician:

- Strep Throat: 24 hours of an antibiotic is required, fever free for 48 hours without the aid of fever reducing medicine and feeling well enough to participate in school activities.
- Impetigo: the child may return to school after antibiotics have been administered for 24 hours, and there are no draining sores.
- Conjunctivitis (Pink Eye): the child may return to school after 24 hours of specified treatment.
- Unspecified Virus with fever: the child may return to school after being 48 hours fever free without the aid of fever reducing medication, able to consume food and fluids in amounts prior to illness and able to participate in school activities.

If children are unable to participate in the day, they should remain at home.