

# Understanding Challenging Behavior in Young Children

Example of how the video might be used during a training

**Before the session:** Ask participants to identify a child they currently work with or have previously worked with about whom they have some behavioral concerns. Ask each participant to bring to the session a brief description (3-4 sentences) of the behavior that concerns them.

- **Begin** by having each participant share their description with a partner. Ask them to discuss some of the factors that may be influencing the behavior and how they have responded to the behavior to date.
- **View** the section of the video where the toddler throws the hard plastic ball. Stop the video before the teacher responds. Divide the participants into small groups. Ask each group to generate a list of what might have influenced the child's behavior. Ask them to also discuss how the teacher might respond given the possible influences.
- **Reconvene the whole group** and play the full video. Facilitate a group discussion regarding the video. Ask what in the video validated their perspectives about children's behavior. Ask if there were any surprises.
- **Divide participants into small groups again**, and have them review and reflect on their initial perspectives compared with their perspectives after watching the video.
- **Closure:** Have each small group report to whole group regarding key points. Ask participants to revisit the description they brought with them about a specific child and discuss any new ideas they may have about the child's behavior or possible strategies they will try.
- **Let participants know** about the *Additional Resources* and other videos available on the website.

## CT Core Knowledge and Competencies:

### 1. Promoting Child Development and Learning

- General Knowledge of Domains, Stages and Milestones
- Fostering Healthy Relationships
- Environmental Influences
- Risk Factors Impacting Children

### 5. Building Family and Community Relationships

- Family Systems

### 6. Health, Safety and Wellness

- Mental Health

