A Social Story About

Wearing a Mask in the Community
What is a mask?

- A mask is a piece of fabric that goes over your mouth and nose
- A mask can be made out of t-shirts, bandanas, or cloth at home
- A mask can also be bought from the store
I can decorate my mask with cool designs. I just have to make sure my mask can be washed after I wear it!
Who has to wear a mask?

- Doctors and Nurses
- Store Clerks, Cashiers
- My family and me!

*Babies under 2 years old don’t wear masks!"
The Coronavirus likes to travel. It travels when people cough, sneeze, or give high fives.

Wearing a mask will keep others and myself safe from the germs!
When do I wear a mask?

I have to wear a mask when I am healthy OR sick!
Where do I wear a mask?

I may have to wear a mask when I am at the grocery store, at the bank, at the park, at the doctor's office, or even at home... whenever I may be too close to others!
How does wearing a mask make me feel?

It is okay if I feel confused, worried, or uncomfortable. It will take time to get used to seeing it and wearing it.
This won't last forever.

The doctors are trying to find a medicine that will help us all play safe next to each other again!
Things to Remember:

- A mask will keep myself and others safe
- I can make a mask at home or get one from the store
- I should wear a mask when others may be too close to me
- I may feel scared or confused about the masks because it is different
- I know it take a little while to get used to wearing one and seeing others wear them
- I am not alone! Everyone is wearing them!