



Transcript for the video:
Fun Mud Day 2015

Teacher: On your bellies!

Dr. Darren Robert, Professor of Kinesiology and Physical Education: So this is the second year we've done the Fun Mud Day, and we do this to give the children a sense of what it means to be challenged.

Mike Colantonio, PE Student: On this beautiful day we get to come outside with them and we have various stations set up.

Dr. Robert: Our Physical Education majors here have an internship with these preschoolers all semester long.

Maggie Sayers, PE Student: We come in on Monday's and we just do little PE activities, just quick stations to get them moving, get them moving, get them active, and they really seem to enjoy it.

Trafford Underwood, PE Student: Everything that we've done inside this year has kind of encompassed on what we're doing outside today.

Brendan Gillotti, PE Student: It kind of gives them a good time, it's a great day out here, to get out, interact with their peers, work with their teachers, and work with us to kind of bring everything full circle and work on everything we've been working on over the semester.

Dr. Robert: Today's event will have a lot of different strength activities, they'll be holding up their body weight up several times. They'll be climbing on a wall, jumping across a little lake with a rope swing, things that they're not typically doing anymore.

Dr. Robert: Are you ready? Can you all yell mud?

Children: Mud!!!

Dr. Robert: Alright, get going that way!

Dr. Robert: What I asked them all to do is try everything. Some of them won't want to, but we ask them to try everything.

Brendan: Good job, Linda!

Child: Brrrrrrrrrrrr.

Dr. Robert: Right on your belly, that's it! You got it!

Brendan: One, two, three, go!

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Leisha Flynn, Assistant Preschool Teacher: It's so much fun and the kids just absolutely love it and it's a great way for the teachers to get involved in it too.

Leisha: Yeah, good job!

Angelica Booker, Teacher Associate: Its very interesting, as a teacher and as a mother, I am here running and active, and it's just a great time to have some exercise.

Dr. Robert: Way to go!

Julia Sanzo, Early Childhood Education Student: Oh they're having so much, like they're just working together and going down the slide and through the mud. They're just having a great time in general.

Child: I like the mud...the water...the slide.

Brendan: Nothing's impossible when you're working with a different age group. So never in a million years would I have thought to do something like this with this age group.

Mike: Any time I get to work with kids is just so rewarding. I love working with kids, putting a smile on their face.

Maggie: I thought it was a great day, I hope the kids thought it was a great day, and I hope we get to do it again next year.

Dr. Robert: The weather was perfect, the children were perfect, the parents had a great time, all the teachers had a great time. It's a lot of work, but it's really worth it.

Dr. Robert: Say mud on three...One, two, three...

All: MUD!!!