

Fun Mud Day 2017

At the Child and Family Development Resource Center
At Eastern Connecticut State University

Dr. Darren Robert, Professor of Kinesiology and Physical Education: A lot of these children don't get a chance to play in mud anymore. They don't get a chance to play in water and mud. So we're bringing it to them today.

Heather Oski, Preschool Teacher: It's all about trying to get the kids to come and participate, try something new.

Leisha Flynn, Preschool Teacher: It's a great way to have them try things they wouldn't normally try. And they just have this sense of pride that's overwhelming.

Leisha Flynn: We just love it. We Dr. Robert and all of the PE students and how they work in our classroom every week. And it's just overall a lot of fun.

Darren: You're all a part of the team. And we have to help all of our team try everything today.

Darren Robert: Our physical education majors here, they're a part of the planning experience from day one. They've been teaching these children for ten weeks. So they know what their fears are, what their likes are. So they've really designed some of these to make sure that these children have a fun day.

Darren Robert: Last week in physical education, we did an obstacle course indoors, and we stressed safety and we stressed going slow, because this week we were going to do it outside in the water, in the mud.

Amie: Oh, it's so muddy!

Amie Theriault, Toddler Teacher: We're having a great time out here. The kids are having so much fun. They're not afraid to get muddy, not afraid to get wet. They're challenging themselves, and everybody's having a great time.

Darren Robert: Who got wet?

Group: Woo!

Darren Robert: Who got muddy?

Group: Woo!

Darren Robert: Who wants to do it again at home?

Group: Woo!