



Year 1

EXPLORE

Identify values, interests, personality, and skills using resources on the Office of Career Success (OCS) website

Log in to your ECN account and explore jobs, internships and OCS events

Volunteer in an area of interest through the Center for Community Engagement (CCE)

Join a University club or organization

Create your baseline resume and identify gaps in your experience

Set-up an appointment with a career counselor to identify career opportunities



Year 2

DISCOVER

Schedule informational interviews to learn more about your major or career field

Research and pursue internships, part-time work and volunteer opportunities to build experience on your resume

Take on a leadership role in a campus club or organization

Practice speaking about yourself and making connections by attending career & internship fairs and other professional and social events on campus

Build an on-line brand by creating a LinkedIn account & ensure your social media accounts are appropriate and professional

Attend career and professional development workshops and programs on-campus



Year 3

EXPAND

Pursue and secure an internship experience and keep track of your accomplishments

Choose elective classes or a minor to enhance your skills and support your professional goals

Update your resume and have it reviewed by the OCS staff

Thinking about graduate or professional school? Start researching programs and requirements

If you haven't already, seek out leadership roles in clubs and organizations

Pursue academic research and projects with professors to expand your practical experience

Continue to grow your network by engaging in campus events and programs

Start asking faculty and professional contacts to serve as professional references



Year 4

ATTAIN

Finalize your resume and have it reviewed by the OCS staff and your faculty advisor

Start your job search process; utilize ECN and other job search engines to identify opportunities

Grow your network through career fairs and LinkedIn

Use your network to identify professional opportunities beyond job postings

Join professional organizations to meet other professionals in your field of interest

Participate in mock/practice interviews often

Complete your degree evaluation and meet with your advisor to make sure you are meeting all your graduation requirements

Meet with a member of the OCS staff to plan out your final year strategy

If going on to graduate or professional school, finalize your applications early

Research salary and cost of living using on-line resources like Analyst

The Office of
Career Success

J. Eugene Smith Library
860-465-4559
career2@easternct.edu

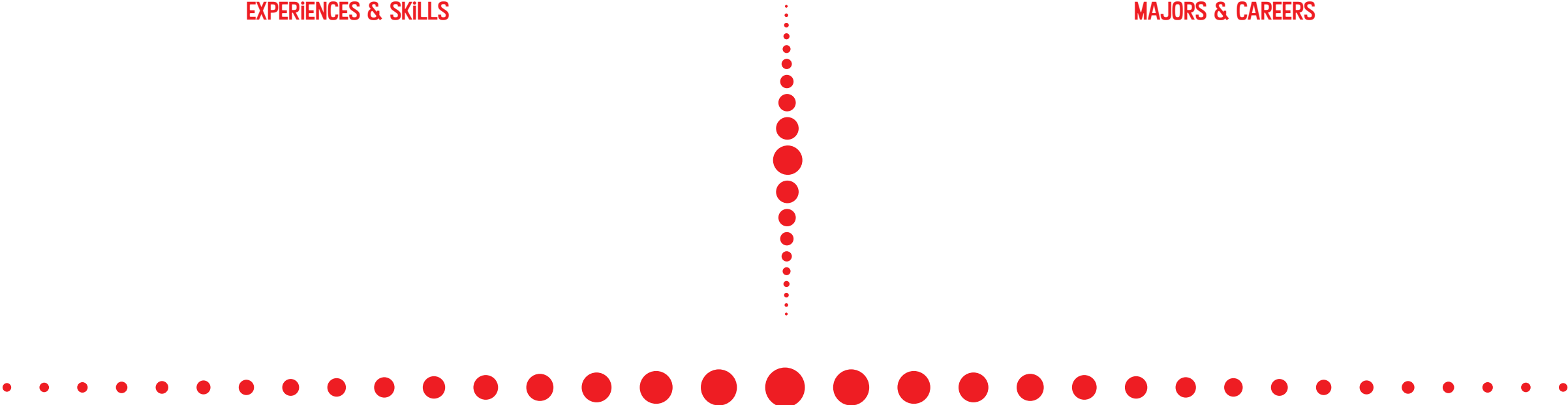
4-YEAR CAREER PLAN

www.easternct.edu/career

TRACK YOUR PROGRESS BY RECORDING YOUR RESEARCH, ACTIVITIES AND EXPERIENCES.

EXPERIENCES & SKILLS

MAJORS & CAREERS



CAMPUS INVOLVEMENT

NETWORK CONNECTIONS

ACTION STEPS

For access to clickable links, go to www.easternct.edu/career/students/4-year-career-plan