

Roommate Expectations

Make sure you discuss the following items with your roommate:

- 1) Are there designated times for studying, relaxing or other activities?
- 2) Make a cleaning schedule that details who cleans what and when.
- 3) How often can guests come over and discuss guest sleeping arrangements?
- 4) Who is responsible for purchasing groceries and cleaning supplies?
- 5) How does each roommate feel about sharing food, electronic devices, etc.?
- 6) Discuss activities that should happen in the room and what should happen in the common area.
- 7) Is there a specific routine that either of you have that you would like to incorporate into your college life?



Resources for Roommate Conflicts:

- http://www.easternct.edu/housing/pdf/rm_expectations.pdf
- http://www.easternct.edu/housing/pdf/rm_tips.pdf
- <http://www.easternct.edu/housing/pdf/HousingContract.pdf>



EASTERN CONNECTICUT STATE UNIVERSITY

Office of Housing and Residential Life • Division of Student Affairs

Eastern Connecticut State University
Housing and Residential Life Presents:

Living with a Roommate



Tips and Tricks for adapting
to life in a residence hall.

The 4 C's of Rooming

C

- *Communication* - refrain from discussing issues via text messaging.
- *Consequences*- your actions could negatively affect your roommate.
- *Compromise* - try to meet them halfway in important decisions.
- *Collaboration* - spend time with your roommate.



Conflict Resolution

- Be sure to listen to your roommate
- Address situations with your roommate directly
- Try to offer a compromise regarding the situation
- Use "I" statements "I feel ___ when this happens"
- Be objective about the situation
- If you feel that the situation is too big to handle talk to your RA or Hall Director

10 Tips for Being a Good Roommate

1. The Golden Rule - Treat others the way you want to be treated.
2. Ask permission to use your roommate's things.
3. Be reasonable about visitors.
4. Clean up after yourself.
5. Never gossip about your roommate.
6. You don't have to be "best friends" with your roommate.
7. Try to compromise with your roommate - blending different lifestyles can be difficult.
8. Communicate with your roommate in person.
9. Talk with your roommate about boundaries and scheduling.
10. Discuss personal time in the room.

Connect with your Roommate



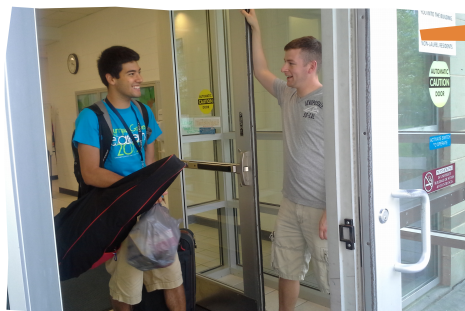
Things to Discuss with your Roommate

- Cleanliness
- Private Property
- Personal Boundaries
- Sleep/Study Time
- Pet Peeves
- Who can be in the room (Visitation)



Things to do with your Roommate

- Go to lunch or dinner together
- Join a student club (RHA, CAB)
- Decorate the room together
- Attend an RA program
- Explore downtown Willimantic



Security and Safety

- Lock Doors
- Don't leave guests unattended
- Secure expensive items
- Discuss the sharing of electronic devices and passwords
- Make use of Laundryview.com

Storage of prohibited items could result in all parties in the room being documented.