BIS-AITP Mock Interview Workshop

Eastern Business Information Systems students and BIS-AITP Chapter members were joined by company representatives and Eastern alumni from Cigna and Travelers on Tuesday, February 26th for a mock interview workshop. This reoccurring semester event is held by Eastern's BIS-AITP Student Chapter to prepare students for both business and technical interviews. The workshop started with a brief introduction in Webb 407, while students enjoyed pizza and soda. The introduction gave students a look into interview topics, possible questions and some tips and tricks. These included to bring in relevant prior experiential answers to questions using the "STAR" framework of Situation, Task, Action and Result. As the students learned, a situation is a prior problem that needed to be solved, the tasks that needed to be completed, the actions taken to complete the tasks, and the result outcomes of your efforts.

Once the interviews started, students and interviewers split off into one-on-one mock interview sessions in multiple locations throughout Webb Hall. These one-on-one sessions consisted of resume review, questions about the companies, behavioral interview questions and most importantly, feedback from the interviewers. These mock interviews allow students to recognize and learn from their mistakes so that the same mistakes are not made in real internship and career position interviews. This event, for some students, may have the first time they encountered having to answer behavioral interview questions, which have become an important and common first stage interview technique in the biz-tech field. All students were able to complete one interview with employer alumni. The alumni from Cigna and Travelers started conducting mock interviews a few minutes after 5 pm and continued conducting back-to-back interviews until past 7 pm.

This educational event creates an opportunity for Eastern's Business Information Systems and Computer Science majors and minors to practice their interviewing skills, while getting to know representatives from some of the top companies in Connecticut. Mock interviews will remain a part of AITP's semester events so that biz-tech students now and in the future can be better prepared for important job interviews.



