



Food Safety Policy

The health and safety of ALL children is integral to the teachers and staff at the CFDRC. As a result, below you will find our policy regarding food brought into the facility.

Snacks and Lunch

Snacks may not be permitted in the Morning Room. Please feed your child prior to 7:30. The center serves a morning snack (between 9:15-9:30 daily). This is followed by lunch at noon and an afternoon snack at 3pm. We work closely with our food service and chef to ensure healthy and well-balanced nutritious options.

Birthday Celebrations

Birthdays are very special to young children and we want to recognize them and make them feel special! We will provide a special healthy birthday snack for them on their special day! They can choose from a 100% fruit popsicle, lemon icy, fruit salad, or other healthy allergy-safe alternatives. The most important part is that children feel special (friends making them cards, pictures, signing to them, etc.). Families may bring paper goods (i.e. special napkins, plates, cups) although it is not necessary. If you are planning a birthday party for your child, invitations to the event should be distributed outside of the Center.

Should your child have a significant food allergy (as opposed to a preference), please contact the director.