Course Syllabus
HPE 315
Adapted Physical Education
Fall 2013

A. General Course Information
Instructor: Jennifer L. Hall
Email (preferred method): hallje@easternct.edu
Phone: 860-798-4019
Class Time/ Location:
Mondays, 4-6:45/ Communication Building, Room 101
Required Textbook: Winnick, J. (2011) Adapted Physical Education and
Sport (5th Edition). Champaign, IL; Human Kinetics

B. Course Description:
This course is designed to provide a hands-on experience for students to develop
knowledge of current concepts and trends in adapted physical education.
Through observation, research, and class activities, students will also develop the
skills and knowledge needed to plan and implement a physical education
program designed to meet the unique needs of individuals.

C. Course Objectives:
Upon completion of this course, students will be able to:
1. Define and describe the history and current status of adapted physical
   education and sport.
2. Identify key legal mandates related to adapted physical education.
3. Assess physical education abilities of a student requiring adapted
   physical education.
4. Design and implement an adapted physical education lesson for a
   student with a disability.
5. Define and describe the influence of selected diseases, conditions, and
   disabilities on the learning and performance of physical education
   activities.
6. Apply a variety of teaching methods and modifications to meet unique
   needs of an individual student.
7. Demonstrate a positive attitude when working with students with a
   disability.
## D. Course Requirements:

<table>
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<tr>
<th>Assignment</th>
<th>Point Value/ % of Grade</th>
<th>Due Date</th>
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</table>
| Observation of APE class (Total of 6 observations required) | 30 points / 6% (6 @ 5 points each)        | Observations 1-3- due by **Oct. 28**  
Observations 4-6 due by **Nov. 25** |
| Written reflection of observations             | 60 pts./12% (6 @ 10 points each)           | Reflections 1-3 due by **Oct. 28**  
Reflections 4-6 due by **Nov. 25** |
| Journal article review & Presentation to class | 75 points for written review  
25 points for presentation / Whole assignment- 20% | TBD- based on topic chosen. |
| Mid-term exam                                   | 100 pts. /20%                              | **Oct. 14**               |
| Lesson Plan                                     | 85 pts. / 17%                              | **Dec. 2**                |
| Final Exam                                      | 100 pts./ 20%                              | **Dec. 9**                |
| Attendance/Class Participation                 | 25 pts./ 5%                                | End of term               |
| Total                                           | 500 points                                 |                           |

### Additional Information about Required Work:

**Observations & Reflections:** You will need to complete a total of 6 observations of Adapted P.E. classes. I would like at least 3 of them to be observations of the SAME CLASS, in order for you to see growth over time.

The observations can be done in a variety of settings; some past locations have included local schools, seminar placements, Camp Abilities, Unified Sports competitions, Special Olympics, and my school (Timothy Edwards Middle School in South Windsor). You will need to arrange for transportation to/from the observations. A signature from the supervising teacher or coach will be required to indicate the observation was complete. You will need to reflect on the observation; guidelines and a scoring rubric for the reflection will be provided in class.
Journal Article Review: You will select an article about a specific disability as it relates to the instruction of Adapted P.E., to research and present to the class. Specific details on this assignment will be distributed in class.

Lesson Plan & Lesson Presentation: You will need to select a unit of study from a typical P.E. curriculum and create a lesson plan with 3 modifications. You will then present the lesson to the class. Specific details will be provided in class.

E. Attendance Policy
Because this is a hands-on, activity-focused class that only meets once a week, attendance is mandatory. When you are in class, you are expected to be on time, prepared and attentive, while showing respect to both the instructor and your peers. This includes (but is not limited to) being on time for class, actively participating in the lesson, completing any homework assignments, turning cell phones off, and demonstrating a respectful demeanor. Attendance and participation will account for 5% of your grade.

If you attend & fully participate in: you will earn:
14 classes 25 points
13 classes 20 points
12 classes 15 points
11 classes 10 points
10 or fewer classes 0 points

F. Evaluation/Grading
Details about specific assignments can be found in the rubric for that assignment, which will be provided in class. If you have any questions about assignments, please ask BEFORE the due date.

Grading Scale:
The following grading scale will be used:

<table>
<thead>
<tr>
<th>Percentage</th>
<th>Letter Grade</th>
<th>Percentage</th>
<th>Letter Grade</th>
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<tbody>
<tr>
<td>94-100%</td>
<td>A</td>
<td>73-76%</td>
<td>C</td>
</tr>
<tr>
<td>90-93%</td>
<td>A-</td>
<td>70-72%</td>
<td>C-</td>
</tr>
<tr>
<td>87-89%</td>
<td>B+</td>
<td>67-69%</td>
<td>D+</td>
</tr>
<tr>
<td>83-86%</td>
<td>B</td>
<td>63-66%</td>
<td>D</td>
</tr>
<tr>
<td>80-82%</td>
<td>B-</td>
<td>60-62%</td>
<td>D-</td>
</tr>
<tr>
<td>77-79%</td>
<td>C+</td>
<td>59% or below</td>
<td>F</td>
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Due Dates/ Late Work: Due dates are non-negotiable. Work is due at the beginning of class on the assigned date; work turned in ahead of the due date will be accepted. Work turned in after this time will be considered late, and subject to a deduction of points as follows:

- Turned in at the end of class due: 5% deduction
- Turned in by the next class: 10% deduction
- Turned in 2 classes late: 20% deduction
- Turned in 3 classes late: 30% deduction

Work more than 3 classes late will not be accepted, and will count as a 0.
Additional Information:

Academic Misconduct:
Students should read and understand Eastern’s Academic Misconduct Policy, which can be found in the Eastern Student Handbook or at: http://www.easternct.edu/judicialaffairs/academicmisconduct/
All violations will be handled under the procedures established in this policy.

Student Accommodations:
Eastern Connecticut State University is committed to following the requirements of the Americans with Disabilities Act and Section 504 of the Rehabilitation Act. If you are a student with a disability (or think you may have a disability), and require adaptations or accommodations, or assistance evacuating a building in the case of an emergency, please contact the Office of AccessAbility Services (OAS) at 860-465-0189 to discuss your request further. Any student registered with the OAS should contact the instructor as soon as possible for assistance with classroom accommodations. Please note that accommodations are not retroactive, and must be communicated through a Letter of Accommodation which is drafted by the OAS.

Academic Services:
Students are encouraged to use the support offered by the Academic Services Center (ASC) located on the ground floor of the Library. Advising Services and tutoring in math, writing, and other subjects, including supplementary instruction, are available. The ASC also offers assistance in study techniques, time management and understanding learning styles. Fall 2013 hours: Sun. 2-9; M.-Th. 9-9, Fri. 9-5. (Closed Sat.) For further information call 465-4310 or check the ASC website at http://www.easternct.edu/asc/

DISCLAIMER:

**Please note- while every attempt will be made to adhere to the information provided, this syllabus is a work-in-progress, and is subject to change. Advanced notice will be given if changes are needed. Your flexibility and cooperation are greatly appreciated.
**Course Outline and Due Dates**

**All readings from Winnick's *Adapted Physical Education and Sport, 5th Edition*. Please be prepared to discuss the assigned reading each class.**

**Assignments are due at the beginning of class. Work not turned in at the beginning of class will be considered late, and subject to penalty. This policy is NON-NEGOTIABLE.**

<table>
<thead>
<tr>
<th>Date</th>
<th>Topic</th>
<th>Required Reading Due</th>
<th>Additional Assignment due this class:</th>
</tr>
</thead>
</table>
| Sept. 9 | Intro to course  
Go over syllabus & expectations  
Discuss class format & observation opportunities  
Review topics for journal articles                                                                                                               |                       |                                                                            |
| Sept. 16 | Intro to Adapted Physical Ed.  
History/Philosophy of Adapted P.E.  
APE and the Law (IDEA, ADA, IEP’s & 504 plans)  
**ADA Walk-around campus**                                                                                                                 | Chapters 1-3          | Suggested: Observation 1                                                   |
|         | **Be prepared for outdoor activity!**                                                                                                                                  |                       |                                                                            |
| Sept. 23 | Assessment & A.P.E.  
Individualized Education Programs                                                                                                                                   | Chapters 4-5, 7       | Suggested: Observation 2                                                   |
| Oct. 7  | Intellectual Disabilities  
Behavioral Disabilities                                                                                                                                                        | Chapters 6, 8-9       | Suggested: Observation 3                                                   |
| Oct. 14 | Autism Spectrum  
Specific Learning Disabilities                                                                                                                                                  | Chapters 10-11        | First 3 Reflections due                                                     |
| Oct. 21 | TBD                                                                                                                                                                                                                                      |                       |                                                                            |
| Oct. 28 | **Mid Term Exam**                                                                                                                                                                                                                      |                       |                                                                            |
| Nov. 4  | Visually Impaired  
Hearing Impaired                                                                                                                                                                                                              | Chapters 12-13        | Suggested: Observation 4                                                   |
| Nov. 11 | Cerebral Palsy  
Traumatic Brain Injury  
Spinal Cord Disabilities  
Viewing of “Murderball”                                                                                                                              | Chapters 14, 16       | Suggested: Observation 5                                                   |
| Nov. 18 | Amputations  
OHI                                                                                                                                                                                                                       | Chapters 15 & 17      | Suggested: Observation 6                                                   |
| Nov. 25 | Sports and Games  
Modified Equipment  
Discuss criteria for Lesson Plans                                                                                                                                          | Chapters 24, 26, 27   | Last 3 Reflections due                                                      |
| Dec. 2  | Play Day (space permitting)                                                                                                                                                                                                           |                       | Lesson Plan Due                                                            |
| Dec. 9  | Final Exam                                                                                                                                                                                                                             |                       |                                                                            |
| Dec. 16 | Wrap-up                                                                                                                                                                                                                               |                       |                                                                            |