Did you know that it would take 36 million meals per year to meet our area’s hunger needs? Foodshare distributed 12 million—or one-third of the need.

Hunger 101 is an interactive discussion designed to increase awareness and understanding of hunger and its many causes and impact on our community.

Through Hunger 101, you can join the movement and help Foodshare achieve its mission of ending hunger.

This program is brought to you by the UConn Offices of Public Engagement and Community Outreach in collaboration with Eastern Connecticut State University’s Center for Community Engagement.