

2016-2017 Eastern Connecticut State University
Medical Clearance Instructions for Student-Athletes
Athletic Training / Sports Center / 83 Windham Street, Willimantic, CT 06226
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REQUIREMENT	INSTRUCTIONS	DUE DATE
NCAA Concussion Video and Fact Sheet	<p>View video and read fact sheet prior to signing consent form https://www.youtube.com/watch?v=T3FLRDxbLXg http://fs.ncaa.org/Docs/health_safety/ConFactSheetsa.pdf</p>	Prior to signing consent form
NCAA Sickle Cell Videos (Part 1 and Part 2) and Fact Sheet	<p>View video and read fact sheet prior to signing consent form https://www.youtube.com/watch?v=EiEpmZLLcuM&feature=youtu.be https://www.youtube.com/watch?v=lbFWP39tF1A&feature=youtu.be http://fs.ncaa.org/Docs/health_safety/SickleCellTraitforSA.pdf</p>	Prior to signing consent form
Emergency Contact Insurance Information Medical History Questionnaire	<ul style="list-style-type: none"> • Required annually by all student-athletes • Submit information to SportsWare 	August 1 st
Consent Form	<ul style="list-style-type: none"> • Required annually by all student-athletes • Submit SportsWare form, must be signed by parent if under 18 	August 1 st
Insurance Card	<ul style="list-style-type: none"> • Required one time • Please upload copy and update if insurance changes 	August 1 st
Proof of Sickle Cell Trait Status FORM (1 page)	<ul style="list-style-type: none"> • Required one time (this is a new requirement) • Complete SportsWare form, then upload documentation 	August 1 st
Stimulant Medication FORM (1 page)	<ul style="list-style-type: none"> • Required one time, only if you are prescribed stimulant medication (i.e. Adderall, Ritalin, Vyvanse). • Print form, then have form completed by your physician, upload form to SportsWare, update if prescription changes. 	August 1 st
Pre-participation Examination Form (PPE) (2 pages)	<ul style="list-style-type: none"> • Required annually by all student-athletes <p>RETURNING STUDENT-ATHLETES:</p> <ul style="list-style-type: none"> • PPE (2 pages) must be completed annually by a physician • If you are being evaluated by an off campus practitioner, print the form, have the form completed by physician, then upload to SportsWare • Student Health Services practitioners will complete PPE for your convenience, they will provide a copy of the PPE to Athletic Training • Please refer to the attached Student Health Services calendar and contact them for appointment during the month indicated for your team • IF YOU HAVE RECENTLY HAD YOUR ANNUAL PPE EXAMINATION COMPLETED AT STUDENT HEALTH SERVICES, YOU DO NOT NEED TO REPEAT THIS PROCESS <p>NEW STUDENT-ATHLETES:</p> <ul style="list-style-type: none"> • PPE (2 pages) must be completed by a physician of your choice, must be within 6 months of sport start date • If you are being evaluated by an off campus practitioner, print the form, have the form completed by physician, then upload to SportsWare • Winter and spring sport athletes – if necessary, Student Health Services practitioners will complete your PPE for your convenience • Please refer to the attached Student Health Services calendar and contact them directly for an appointment during the month indicated for your team 	August 1 st or ASAP after date of physical exam

Eastern Connecticut State University – Student Health Service

MASTER SCHEDULE

ANNUAL SPORTS PHYSICALS – RETURNING ATHLETES

JANUARY	FEBRUARY	MARCH
BASEBALL SOFTBALL MEN'S LAX WOMEN'S LAX NEW ATHLETES (TRYOUTS)	OUTDOOR TRACK & FIELD	FENCING
APRIL	MAY	JUNE
MEN'S SOCCER WOMEN'S SOCCER FIELD HOCKEY VOLLEYBALL	ICE HOCKEY FOOTBALL CHEERLEADING	FOOTBALL MEN'S RUGBY
JULY	AUGUST	SEPTEMBER
FOOTBALL MEN'S RUGBY	CROSS COUNTRY FOOTBALL MEN'S RUGBY	SWIMMING FALL BALL ATHLETES WHO NEED UPDATES NEW ATHLETES (TRYOUTS)
OCTOBER	NOVEMBER	DECEMBER
MEN'S BASKETBALL WOMEN'S BASKETBALL INDOOR TRACK		BASEBALL SOFTBALL MEN'S LAX WOMEN'S LAX