

EASTERN CONNECTICUT STATE UNIVERSITY
STUDENT HEALTH SERVICES – 185 Birch Street, Willimantic, CT 06226

ANNUAL PHYSICAL AND PPE SCHEDULE FOR VARSITY & CLUB SPORTS

FALL SPORTS	RETURNING PLAYERS	NEW PLAYERS/FIRST YEARS
Men's Soccer	April 1 – April 15	Prior to first day of practice in Aug
Women's Soccer	April 1 – April 15	Prior to first day of practice in Aug
Field Hockey	April 15 – April 30	Prior to first day of practice in Aug
Volleyball	April 15 – April 30	Prior to first day of practice in Aug
X-C (men & Women)	April 15- May 15	Prior to first day of practice in Aug
WINTER SPORTS	RETURNING PLAYERS	NEW PLAYERS/FIRST YEARS
Swimming	Sept 15 – Sept 30	Same; or @ home prior to fall semester
Men's Basketball	Sept 30 – Oct 15	Same; or @ home prior to fall semester
Women's Basketball	Sept 30 – Oct 15	Same; or @ home prior to fall semester
Indoor Track (M & W)	Oct 1 – Oct 30	Same; or @ home prior to fall semester
SPRING SPORTS	RETURNING PLAYERS	NEW PLAYERS/FIRST YEARS
Baseball	Dec 1 – January 25	Same; or @ home prior to college entrance
Softball	Dec 1 – January 25	Same; or @ home prior to college entrance
Men's LAX	Dec 1 – Feb 1	Same; or @ home prior to college entrance
Women's LAX	Dec 1 – Feb 1	Same; or @ home prior to college entrance
Track & Field (M & W)	Feb 1 – Feb 15	Same; or @ home prior to college entrance
CLUB SPORTS	RETURNING MEMBERS	NEW MEMBERS/FIRST YEARS
Women's Rugby	February	Prior to the fall semester
Cheerleading	March	Prior to the first day of practice
Fencing	April	Prior to the first day of practice
Hockey	May	Prior to the fall semester
Football	May - June	Prior to the fall semester
Rugby	June – August	Prior to the fall semester

NOTE:

Ideally, all first year students who plan to participate in intercollegiate sports or club sports at ECSU will have had their sport physical/pre-participation evaluation (PPE) completed at the time they have their CSU Health Service Form completed at their doctor's office; usually just prior to the fall semester. This allows time for our office to review their forms and grant them clearance to play. And, it provides them with a smooth transition when they present for pre-season in August or for fall ball activities in September.