

PHYSICAL EDUCATION MAJOR

Physical Education Studies

Eastern Connecticut State University

Requirements: The grade of “C” or higher must be earned in all Physical Education major courses and in all Sport and Leisure Management major courses.

FIRST TIER		Credits	Semester/Years
EDU 200	Child & Adolescent Development	3	
HPE 210	Personal Health	3	
HPE 230	Introduction to Physical Education	3	
HPE 240	Introduction to PE Curriculum Materials (Pre-requisite: HPE 210 & HPE 230)	3	

SECOND TIER		Credits	Semester/Years
EDU 210	Foundations of U.S. Education (No pre-requisite)	3	
HPE 328	Applied Anatomy & Physiology (Pre-requisite: HPE 210 & HPE 230)	3	

THIRD TIER		Credits	Semester/Years
HPE 329	Physiological Basis of Movement (PDP – 40)	3	
HPE 363	Elementary School Activities and Games (PDP – 40)	3	
HPE 368	Educational Dance and Gymnastics (PDP – 40)	3	
HPE 401	Motor Development (PDP – 40)	3	

FOURTH TIER		Credits	Semester/Years
HPE 361	Individual Activities and Games	3	
HPE 362	Team Activities and Games	3	
HPE 413	Physiology of Exercise	3	

FIFTH TIER		Credits	Semester/Years
HPE 315	Adapted Physical Education	3	
HPE 335	Technology & Assessment in Physical Education	3	
HPE 411	Sports in American Society	3	

Teacher Certification and Physical Education Studies are Identical to this point.

Elective Minor Program		15-18	
Internship	(PDP – 60)	3	

(PDP – Professional Development Points)

Total

66 credits