Welcome Back

The Physical Education and Sport Leisure Management Majors’ Club

Congratulations to the new PE & SLM Club Officers, duly elected on September 13th.

Lauren Veneziano - President
Kenneth Dustin - Vice President
Laura Tignonsini - Recorder
Patrick Stone - Treasurer

More than 50 students attended the first meeting and the club will meet regularly throughout the year to plan events and activities. Dr. Robert Horrocks is serving as the club’s advisor.

The purpose of the majors’ club is to give students the opportunity to participate in community service, network with other peers and professionals in the field, provide mentoring to new members of the major, and have a voice in the major programs. Peer tutoring is also being discussed as another way the club can help students.

To participate, PE or SLM majors should just go to a meeting or contact the officers. Professional Development Points are available.

FACULTY PROMOTIONS

In the Spring 2005 term, several faculty were awarded tenure and/or promoted:

Dr. Charlie Chatterton: tenured
Dr. Darren Dale: promoted to Associate Professor
Dr. Tonia Van Staveren: promoted to Associate Professor/tenured

HPE 361 Class Goes for a River Scramble

In keeping with public school physical education’s changing focus from team sports to appropriate adult lifetime sport pursuits and activities, the HPE 361 class went on a river scramble on May 3, 2005. The 23 students explored a half-mile of the Mt. Hope River in 70° air temperatures and much colder water. All of the students survived the adventure, and although there were a couple of bruised shins along the way, everyone managed to enjoy the day and learn from the experience. There is more to physical education than basketballs, footballs, and volleyballs...we have to continue to explore all of the possibilities. Check out the poster photo in the Sports Center Hallway Gallery.
Returning Faculty

Ms. Mary Chalupsky, Dr. Charlie Chatterton, Dr. Darren Dale, Ms. Lisa Dudley (secretary), Dr. Michael Gerich, Dr. Frank Hendrick, Dr. Robert Horrocks (chairperson), Dr. Darren Robert, Dr. Dan Switchenko, Dr. Nanette Tummers, Dr. Tonia Van Staveren, Dr. Neil Williams and Dr. Biff (associate executive chairperson, pictured to the right) are all back at Eastern this fall.

DID YOU KNOW?

Amanda Barry (2005) is one of the Connecticut volunteers dispatched by the Red Cross to help victims of Hurricane Katrina. Barry, who recently graduated from ECSU with a degree in sport and leisure management, was sent to Houston’s Astrodome. She agreed to write home regularly about her experiences. Her letters were being published in the Hartford Courant as feature stories. These were written with compassion, love, warmth, and insight. We’re proud to have her as one of our graduates. Amanda Barry will be talking to PE & SLM majors on Monday, October 3rd at 3:00 pm, Webb 110.

Colleen Devine (2007) is taking the current semester abroad in the Czech Republic. She is traveling to a different country every weekend, teaching physical education in an international school on a part-time basis, and taking four courses taught in English. Her emails describe her visits to everything from WWII Nazi detention centers to medieval castles to thermal healing spas.

Ashley Gomes (2007) will be spending the Spring 2006 semester in England, attending London Metropolitan University and taking courses toward her degree in sport and leisure management.

Dan White (1984) was recently appointed as Principal at Chaplin Elementary School in Chaplin, CT. He had a distinguished career as a physical educator before making the change to administrative work.

Graduate News

Many of our recent graduates have gotten full-time jobs for the upcoming year. These are just a few of the ones we know about:

Lauren Proniewych (2005) is teaching physical education and health at Centereach High School out on Long Island in New York (living proof that it’s possible to get reciprocal certification with your CT teacher certificate).

Jenny Estes Lussier (2005) is teaching physical education and health in Chaplin, CT. She claims, “I even have my own office, shower & bathroom facilities and a refrigerator. How exciting! It’s such a small school system; the majority of my classes will have 12-15 students.” Jenny, always one of our top students, also had job offers from two other schools in the area.

Jaime Katusha (2004) wrote to say she’s teaching health and physical education at New Milford High School and living in New Preston.

One of the common threads in all three of these positions is that health cross-endorsement was a required component of the job descriptions, so please plan your studies accordingly.

Phil Stevens (1996) was selected as the CTAHPERD Outstanding Young Professional in 2004. He recently wrote to us: “I’m in my 6th year teaching PE at Center School in Willington. I just finished my sixth year degree in educational administration at UConn.” Phil is also the goalie coach for the ECSU men’s soccer team.
PHYSICAL EDUCATION TEACHER
CERTIFICATION CHECKLIST

Students who plan to pursue teacher certification in physical education need to be aware of the following criteria and requirements that apply to the process. Teacher candidates:

- Must have a 2.7 GPA overall to be admitted to the teacher education program.
- Must accumulate an average of 10 professional development points each semester beginning with the semester a student first registered for a major course; the PDPs qualify students for admission to the teaching seminars, HPE 441 and 445, prior to student teaching.
- Must pass PRAXIS I, preferably by the end of the sophomore year.
- Must be admitted to CARE prior to student teaching (PRAXIS I and 2.7 GPA are the minimum requirements).
- Should pursue a plan of study for a health education cross-endorsement.
- Must complete all of their other coursework prior to student teaching.
- Must pass PRAXIS II to qualify for the initial educator certificate; PRAXIS II is usually taken during the student teaching experience.
- Should investigate reciprocal endorsements in other states; almost all the states recognize the CT initial educator certificate as valid.
- Must apply for Student Teaching. The application can be found on the education department website.

Student Teaching

Dr. Darren Robert is continuing his leadership role as coordinator for HPE student teaching. Please contact him with your questions. For Spring 2006 student teaching, students must apply to CARE by October 1, 2005. The basic entry requirements are a minimum 2.7 GPA and passing scores on all three components of PRAXIS I. Third year students should have already taken PRAXIS I. If you haven’t passed PRAXIS I by now, it’s probably too late to qualify for Spring 2006. CARE Applications can be picked up at the Education Department on the first floor of Webb Hall.

Health Cross-Endorsement/Certification

Students who receive a Connecticut Teaching Certification in physical education may also receive a “cross endorsement” in health education. The HPE Department offers a Health Minor and that goes a long way toward satisfying the state’s threshold requirements for the cross-endorsement.

We are alerting students about this cross-endorsement in order to increase their marketability when they are job hunting. These days, it seems that almost all public schools want their physical educators to be cross-endorsed for health. See Graduate News, p. 2. Sheets explaining the process are available in the Sports Center Main Office.

Please remember that PSY 203 Team Building is a second (and very popular) option for satisfying the required group dynamics course for this endorsement. It’s usually taught in the spring term by Dr. Wendy Everton from the PSY Department.

NEW POLICY FOR REPEATING COURSES

The University Senate has voted to reduce the number of courses students may re-sit for a new grade. The number has been changed from FIVE to THREE. For the first three repeats, the old grade “disappears” and the new grade stands in its place. For any subsequent repeated courses, both grades will stand. Courses may not be re-sat unless the original grade is C- or lower. This new policy apparently applies to ALL students who have not already used the three repeats.

Student Teachers for Fall 2005

Fifteen ECSU physical education majors will be doing their student teaching during the Fall 2005. They will spend seven weeks at an elementary school and seven weeks at a middle or high school. Student teachers for the fall are: Sean Austin, Cassandra Busque, David Colasanto, Kristen Colasanto, Christopher Farrell, Jillian Gardner, Trina Gustavson, Christopher Mader, Rolando Navarro, Michael Nuzzolillo, Michael Pietruszka, Nicole Swantee, Megan Taylor, Andrew Visconti, and John Wetherell.

FIRST AID!

HPE 075 (First Aid Certification) is the very last requirement met by almost all of our physical education majors. Why? We don’t know...but we do know that at least ten students each year are forced to wait for their degree for one or more semesters because they haven’t taken care of this small obligation on time.
HPE/SLM Faculty

Dr. Charlie Chatterton  
465-5183, Sports Ctr. 240
Dr. Darren Dale  
465-0190, CFDRC Room 215
Dr. Mike Gerich  
465-0074, Sports Center 220B
Dr. Frank Hendrick  
465-0068, Sports Ctr. 247B
Dr. Robert Horrocks (Chair)  
465-5168, Sports Ctr. 227
Dr. Darren Robert  
465-5184, Sports Ctr. 244
Dr. Daniel Switchenko  
465-5186, Sports Ctr. 246
Dr. Nanette Tummers  
465-0061, Sports Ctr. 247B
Dr. Kerri Tunnicliffe  
465-0227, Sports Ctr. 220A
Dr. Tonia Van Staveren  
465-5175, Sports Ctr. 237
Dr. Neil Williams  
465-5170, Sports Ctr. 243
Lisa Dudley (Secretary)  
465-5371, Sports Ctr. 230

Disney College Program
Monday, October 10th
5:00 pm
Media Building 145
Contact Career Services for more Information

Faculty Professional Development Activity

Just as we expect students to be active in their profession, HPE faculty are also required to participate in professional development activity:

Dr. Nanette Tummers had a busy summer. She: worked on a summer curriculum grant for our Health Education Seminar (HPE 448); completed a six-week meditation and relaxation pilot program at the Next Step Perception House for women in recovery; completed a six-week after-school yoga program for at risk students at Windham High School; attended a yoga and meditation workshop at Kripalu in Massachusetts; published two articles titled “Connecting the Mind and Body” in Wellness & Fitness Entrepreneur and Personal Fitness Professional; had two articles accepted for future publication:

- “Yoga and Health at Every Size” in the peer reviewed Health at Every Size Journal
- With Dr. Darren Dale: “What To Wear When Exercising In The Heat” in the ACSM Fit Society Newsletter

and, best of all, adopted an Australian Cattle Dog: Augustus.

Dr. Daniel Switchenko has made several keynote speaking presentations thus far this fall. He recently gave presentations at the following locations: Northwestern Regional High School, Winsted, CT; Westwood High School, Westwood, MA; Auburn High School, Auburn, MA; Cheshire Academy, Cheshire, CT; Quaboag Regional High School, Warren, MA; Hand High School, Madison, CT; Holliston High School, Holliston, MA. The topics included: The Effect of Substance Abuse Upon Academic Athletic Performance; Leadership; Ingredients for Success.

Dr. Neil Williams was a guest lecturer and visiting scholar at St. Martin’s College in Ambleside, England, in May 2005. He visited the College under their Distinguished Visiting Scholar Scheme during the summer term 2005. Williams taught on their BA (Honors) degree (with Qualified Teacher Status) on aspects of American Sport, Gender in Sport and Philosophy of Teaching PE. He also participated in outdoor leadership and navigation activities with the Outdoor Studies students and faculty.

Nothing Gold Can Stay
“Nature’s first green is gold,
Her harpest hue to hold;
Her early leaf’s a flower;
But only so an hour.
Then leaf subsides to leaf.
So Eden sinks to grief;
So dawn goes down to day.
Nothing gold can stay.”
Robert Frost