The Physical Education and Sport & Leisure Management Majors’ Club

Congratulations to the new PE & SLM Club Officers.

Patrick Stone - President
Thomas Federer - Treasurer
Courtney St. Jacques - Secretary
Dr. Jodi Frank - Advisor

The majors’ club is gearing up for another year of excitement. We have had our first meeting and over 20 students attended! This year we would like to be more active and are looking for member input and ideas. Please feel free to contact any officer or the club advisor with your thoughts – we would love to hear from you!

Polo Shirts: The ever-popular Department Polo-Shirt is back. Order forms will be available starting October 5th and all the information will be on that form. One change this year is that payment for the shirts will be taken in full at the time the order is placed. The price remains the same: $20 for students and $25 for faculty and alumni. Make sure you get your order in on time.

Membership Status: This year we are attempting to determine who is actually a member of the HPE/SLM Club. The Officers voted and determined that a $10 yearly fee will be required if a student is interested in being a member. This fee will be used for club activities/events and a list of specific member privileges will be distributed at the meetings and be in the HPE/SLM office for you to pick up.

Meeting Dates & Times: The meetings are now scheduled for Thursdays at 7 p.m. This time is subject to change if the members deem it necessary. If you are unable to attend the meeting, minutes will be available in the HPE/SLM office. The following dates are scheduled: Oct. 19; Nov. 2, 16, & 30. Watch for flyers about the details!

Come on out and join us.

See you soon.

FACULTY PROMOTIONS

In the Spring 2006 term, three HPE faculty were awarded tenure and/or promoted:

Dr. Charlie Chatterton: promoted to Associate Professor
Dr. Darren Dale: tenured
Dr. Nanette Tummers: promoted to Associate Professor & tenured
Physical Education Teacher Certification Major

There is a new tiered structure in the physical education major. The new format applies to students entering Eastern in Fall 2006 or later for the teacher certification sequence.

Each tier serves as a pre-requisite for successive tiers. Students may not take any courses in a given tier until all courses in the previous tier have been completed with a grade of “C” or higher.

PE Teacher Certification ONLY: Note: CARE Admission is a pre-requisite for Tier IV classes.

- Tier I: HPE 210; HPE 230
- Tier II: HPE 240; EDU 200
- Tier III: HPE 401; EDU 210
- Tier IV: HPE 361; HPE 362; HPE 363; HPE 368
- Tier V: HPE 315; HPE 335
- Tier VI: HPE 441; HPE 445
- Tier VII: HPE 475; HPE 476

HPE 328 and 329 students assisted in the administration of elementary cross country running events at North Windham and Sweeney Elementary Schools in September. There were 80 elementary school participants in each race.
PHYSICAL EDUCATION TEACHER CERTIFICATION CHECKLIST

Students who plan to pursue teacher certification in physical education need to be aware of the following criteria and requirements that apply to the process. Teacher candidates:

- Must have a 2.7 GPA overall to be admitted to the teacher education program.
- Must accumulate an average of 10 professional development points each semester beginning with the semester a student first registered for a major course; the PDPs qualify students for admission to the teaching seminars, HPE 441 and 445, prior to student teaching.
- Must pass PRAXIS I, preferably by the end of the freshman year.
- Must be admitted to CARE at least 11 months prior to student teaching (PRAXIS I and 2.7 GPA are the minimum requirements).
- Should organize their plan of study to include health education cross-endorsement.
- Must complete all of their other coursework prior to student teaching.
- Must pass PRAXIS II to qualify for the initial educator certificate; PRAXIS II is usually taken during the student teaching experience.
- Should investigate reciprocal endorsements in other states; almost all the states recognize the CT Initial Educator Certificate as valid for reciprocity.
- Must apply for Student Teaching. The application can be found on the education department website.

POLICY FOR REPEATING COURSES

The number of courses students may re-sit for a new grade has been reduced. The number has been changed from FIVE to THREE. For the first three repeats, the old grade “disappears” and the new grade stands in its place. For any subsequent repeated courses, both grades will stand. Courses may not be resat unless the original grade is C- or lower. This policy applies to ALL students who have not already used three repeats.

Alumni News

Melissa Klar (2006), one of our top graduates and award winners last year, is now teaching physical education and health at Coventry High School, just up the road.

Linda Soderberg (2006) is pursuing a Masters degree in Sport and Leisure Management at Springfield College.

A little further afield, Dave Poulin (1993) continues to teach adapted physical education in Anchorage, Alaska. He recently made a presentation in Fairbanks about tennis for wheelchair players. When Dave was an undergraduate, he took a semester abroad in England, and part of his program included a solo open water voyage from England to Ireland in a sea kayak.

Health Cross-Endorsement/Certification

Students who receive Connecticut Teaching Certification in physical education may also receive a “cross endorsement” in health education. The HPE Department offers a Health Minor and that, along with many major courses, goes a long way toward satisfying the state’s threshold requirements for the cross-endorsement.

We are alerting students about this cross-endorsement in order to increase their marketability when they are job hunting. These days, it seems that almost all public schools want their physical educators to be cross-endorsed for health. Forms explaining the process are available in the Sports Center Main Office.

Please remember that PSY 203 Team Building is a second (and very popular) option for satisfying the required group dynamics course for this endorsement. It’s usually taught in the spring term by Dr. Wendy Everton from the PSY Department.

NEACSM Conference
Providence, RI
November 9 & 10, 2006
See Dr. Chatterton

ADVISEMENT FOR SPRING 2007 REGISTRATION

Spring 2007 registration will begin, if you can believe it, in early October. Registration and PIN information will be sent to all PE/SLM majors. Please check your email account.
Faculty Professional Development Activity

Just as we expect students to be active in their field of study, HPE faculty are also required to participate in professional development activity:

Dr. Jodi Frank made several presentations at the International Aquatic Fitness Conference in Orlando in May 2006 and the National Conference for American Therapeutic Recreation Association in Orlando (again) in September 2006. She is also the National Aquatic Treatment Leader for the latter organization. Dr. Frank has recently completed two full "Ironman" competitions and will be attempting her third later this fall in Nevada.

Dr. Daniel Switchenko has made approximately fifteen keynote speaking presentations thus far this fall. He has been featured at high schools and colleges throughout New England and his topics included: "Leadership;" "Ingredients for Success;" and "The Effect of Substance Abuse Upon Academic and Athletic Performance." Dr. Switchenko continues to be ECSU’s leading faculty emissary throughout our region.

On Monday, October 16, Dr. Darren Robert will be providing an on-campus workshop for the Windham Area Family and Child Care Association. The topic will be "Play and Physical Activity for Pre-School Children." Our student majors will set up and teach a program of movement experiences for young children. Any ECSU PE major who has already taken HPE 363 and would like to "come out and play" (and receive PDPs) that evening should contact Dr. Robert at robertd@easternct.edu

In June, Dr. Neil Williams visited Shanghai, China, as a consultant for physical education programs in two international schools: the SMIC International School and the Shanghai American School. He was also a guest at the Hunan Province No. 1 Technical High School in Mai Tin, Hunan Province, 1000 miles inland from Shanghai. In May 2007, he will be a visiting scholar in physical education at St. Martin’s College in Ambleside, England.

Dr. Nanette Tummers and the ECSU Women’s Center received a grant to implement a community mentoring project. “The Sisterhood” is a program involving ECSU female students who will work with female at-risk students from Windham High School in weekly stress management sessions starting in October. She also published an article in Yoga Journal in August 2006, discussing her experience teaching yoga to women who live at the Next Step Perception House, a halfway house for previously incarcerated women. Dr. Tummers will be a speaker for the Connecticut Chapter of the American Lung Association’s Women’s Health Conference and Luncheon at the Connecticut Convention Center on October 18. Dr. Tummers will be presenting on “making fitness lifelong” and the “art of mindful eating.” Students can attend this conference and pre-register at www.alact.org

Greg Kane will be making a presentation at the fourth Annual Sports Marketing Conference, to be held in Denver, Colorado. He is also working to complete his doctoral dissertation entitled “The Relationship Between Physical Activity, Performance Evaluation, Experience, and Mood” and co-authoring a book, Wa Shin Ryu Jujutsu: System, Philosophy and Principles. Mr. Kane holds a third degree black belt in jujutsu.

Mary Chalupsky is now certified to teach American Heart Association first aid and CPR/AED classes. Mary is willing to set up some dates for those ECSU students needing these certifications. Contact her about her workshops (probably cheaper and far more convenient than the ones at the local police; most assuredly better). Email: chalupskym@easternct.edu