

Professional Development Points

Health & Physical Education Department

Student/Candidate Name: _____

Candidates or Students majoring in Physical Education or Sport Leisure Management are required to accumulate Professional Development Points before registering for the upper division practicum courses listed below. Candidate/Student requirement: Accumulate an average of 10 points each semester beginning with the semester first registered for a major course.

Appropriate point totals are a prerequisite for the following admissions or courses:

HPE:

1. To receive a C.A.R.E. Recommendation from an HPE Professor = 20 points
2. Entrance into HPE 401, 368, 363, 329 = 40 points
3. Entrance into HPE 441 and 445 = 60 points
4. Exit Requirement for HPE 476 = 80 points and at least 10 points from Technology Experience
Membership in State and National Professional Organization
5. HPE 490 and HPE 491 = Faculty Approval

SLM:

1. SLM 490 Sport Management University Internship= Faculty Approval
2. SLM 491 Sport Management Professional Internship= Faculty Approval
3. SLM 495 Health-Fitness University Internship= Faculty Approval
4. SLM 496 Health-Fitness Professional Internship= Faculty Approval

Professional Development Points are **only awarded** for activities completed outside of class requirements and with appropriate paperwork **submitted within one week of activity**. For Summer and Intersession activities please contact advisor **prior** to completing the activity so points can be awarded. A minimum of 10 points of your entire total must be earned completing a professional development activity in the area of **Technology in your field**. For Example: this could be earned by attending a CTAHPERD convention session titled “Using Heart Rate Monitors in Elementary School Physical Education” or it could be earned by assisting a professional in the “intake data collection of new clients” using instruments such as the “bod pod”, hand dynamometers, electrical impedance body composition devices, I pads, etc. The points awarded for such experiences will be determined by the advisor relative to the quality of the experience.

Submit this signed official documentation to Lisa Dudley (HPE Department Secretary) within one week of signature for points. Each experience can only be used to gain PDP’s once per candidate/student.

<u>CATEGORIES</u>	<u>Date</u>	<u>CATEGORIES</u>	<u>Date</u>
<u>5 POINT CATEGORY</u>		<u>10 POINT CATEGORY</u>	
- Membership and participation in the Majors Club (5pts/semester - 5 meetings)		- Preside at a professional state, regional, national or campus meeting/conference	
- Attendance at a professional state meeting/conference		- Assist with organization/management of community recreational event	
- Attendance at a campus meeting/symposium/special event related to your field of study		- Attendance at a professional regional conference	
- Membership in a professional state organization; Subscribe to a Professional Journal/Newsletter (HPE 476 Requirement)		- Provide 5 hours of swimming lessons	
- Assist with teaching a ECSU skills class – 1 session; Volunteer at a Child Development Center – 1 hour - Maximum 20 pts/semester		- Volunteer to assist a professional in your field of interest for a full day and/or event (Jump Rope for Heart, Special Olympics, Road Race)	
- Umpire/Referee Sporting Event		- Membership in a professional national organization (HPE 476 Requirement)	
- Technology Professional Development Explain: _____		- Volunteer at a school; Volunteer at a Summer Camp/Fitness/Recreation Center – (6 hrs.) Maximum 20 pts/semester	
- Other		- Technology Professional Development Explain: _____	
- Other		- Other	

<u>15 POINT CATEGORY</u>		<u>20 POINT CATEGORY</u>	
- Present a talk at a professional state meeting or conference		- Present a talk at a regional or national convention in your field	
- Majors Club Officer		- Board member in a professional organization in your field of study at the state, regional, or national level	
- Substitute Teaching – per day		- Publication in a state, regional, or national professional journal	
- Attendance at a national conference		- Additional Certifications – WSI, Lifeguard, Fitness Instructor, Yoga Instructor, etc.	
- Coach a Team (School-Little League) One Time Only		- Primary organizer campus-school-community event	
- Letter to the Editor (newspaper/journal) Re: HPER-Sport		- Other	
- Technology Professional Development - Explain: _____ _____		- Technology Professional Development - Explain: _____ _____	
- Other		- Other	

Candidates may petition to earn points for quality experiences not included in these categories (other).

Name of Professional Activity: _____

Date Activity Occurred: _____

Place Activity Occurred: _____

Amount of Time Activity Took: _____

Name of Professional On Site: _____

Signature of Professional On Site: _____

Contact Information for Professional if Not On HPE/SLM Faculty: _____

Complete Description of Activity Completed by Student/Candidate:

Advisor Signature: _____ Date: _____

Student Signature: _____ Date: _____

Date Received by HPE Office: _____ Received by: _____

Revised 6/01/09 to be put into effect for all graduates Spring 2011 and after.