WELCOME TO EASTERN CONNECTICUT STATE UNIVERSITY

As the state’s designated public liberal arts university, Eastern is committed to supporting you in your pursuit of academic excellence. Eastern offers a multitude of programs, resources and services that aim to improve the engagement, inclusion, integrity, empowerment and social responsibility of the student population. The purpose of this guide is to introduce you to those resources, and prepare you for your transition to the Eastern community.

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EASTERN CONNECTICUT STATE UNIVERSITY
Division of Student Affairs
FIRST-YEAR STUDENTS

The First-Year Experience (FYE)

FYE is designed to assist all new first-year students in the transition to Eastern’s campus. In addition to the required academic component of the program (FYI 100), you’re encouraged to participate in the many FYE events and programs and to use the resources available to enhance your experience and aid in your transition.

http://www.easternct.edu/firstyear

FYE Goals

• To assist every first-time, full-time student towards a successful transition from high school to college-level academics and to promote academic success.
• To help first-year students understand the importance of modeling good behavior and respecting themselves and their community.
• To encourage students to be socially responsible by enlisting in civic engagement and service learning projects on campus and in the local community.

FYI 100 (First-Year Introduction) is an important component of Eastern’s First Year Experience. This course is designed to give first-time, full-time students a rich and comprehensive introduction to academics, campus life and the liberal arts philosophy at Eastern.

Peer Mentors

Each FYI 100 seminar will be supported by a peer mentor who will play a key role in the first-year student’s transition to college life. Among other things, the peer mentor assists in community building by participating in classroom discussions and by promoting campus involvement. In addition, peer mentors will provide a helping hand by sharing their own experiences and offering one-on-one meetings.
THE J. EUGENE SMITH LIBRARY

The Library supports and enriches the university’s teaching, learning, research, and outreach objectives by providing services and resources that foster intellectual curiosity and integrity, promote critical inquiry, and encourage awareness of the world beyond the campus.

http://www.easternct.edu/smithlibrary/

Resources within the Library

• A core collection of traditional materials such as books (including a Leisure Reading collection), films, print journals, newspapers, and U.S. government documents.

• Access to electronic versions of more than 43,000 journals and 120 subject specific online databases. Laptops for loan, and 65 computers for student use.

• A welcoming and comfortable space for quiet study or collaborative efforts. Individual and group study rooms available.

• A friendly staff to assist, direct and aid students in identifying, obtaining and making use of materials and information suitable for their needs and interests.

Academic Services Center (ASC)

The ASC is a combined student support service area located on the ground floor of the library. The ASC houses the Advising Center, Subject Tutoring/Learning Strategies, the Mathematics Achievement Center (MAC), and the Writing Center.

http://www.easternct.edu/asc/
### Mathematics Achievement Center (MAC)

*Also found within the ASC*

MAC is a free math tutoring service offered by the Mathematics Department. MAC offers the following services to all students:

- Homework help
- Work through practice sheets for MAT 099, MAT 135, MAT 135P, MAT 155 and MAT 155P
- Review quizzes or tests
- Work on study skills, time management and review lecture notes
- Tutoring services
- Use of applicable textbooks
- Work with the TI-83/84/89 calculator

[http://www.easternct.edu/mathematics/department-index/mathematics-achievement-center/](http://www.easternct.edu/mathematics/department-index/mathematics-achievement-center/)

### Writing Center

The Writing Center offers assistance from trained undergraduate peer tutors who can help one-on-one to improve writing skills in any genre or class. The student tutors can also help with writing done outside of class, such as application essays or letters. The Center provides feedback and guidance in a friendly, judgment-free zone, to help develop and refine ideas and communicate them in clear and appropriate ways.

[http://www.easternct.edu/writingcenter/](http://www.easternct.edu/writingcenter/)

### The Advising Center

The Advising Center provides organizational support for a variety of undergraduate advising functions on campus, as well as additional forms of academic assistance for undergraduate students. The Advising Center coordinates all advising services for new students through the Freshman Preference Registration (FPR) system and the SOAR advising sessions. Professional academic advisors provide students with information and assistance regarding academic matters, including developing an “Eastern in 4” plan, assisting with major and course selection and processing academic appeals. Finally, professional advisors serve exploratory and probationary students.

[http://www.easternct.edu/advising/](http://www.easternct.edu/advising/)

### Subject Tutoring & Learning Strategies

Student and professional tutors assist students in particular subjects and courses. Services include one-on-one tutoring support in a variety of content areas including supplemental instruction and assistance in developing time management, note taking, and other academic support areas. All programs are designed to assist students in achieving their full academic potential at Eastern. Students are highly encouraged to seek help early in the semester. All student tutors are trained by CRLA (College Reading and Learning Association) certified program standards.

[http://www.easternct.edu/asc/tutoring-center/](http://www.easternct.edu/asc/tutoring-center/)
CAMPUS INVOLVEMENT

You will find many ways to be involved in the campus community at Eastern. Involvement opportunities include: the Campus Activity Board (CAB), Student Government Association (SGA), LEAP into Leadership, employment opportunities in the student center and more. You are encouraged to become familiar with all of these opportunities so that when you arrive on campus you will be ready to get involved.

http://www.easternct.edu/studentactivities/

STUDENT ORGANIZATIONS

There are over 90 recognized student organizations on campus in the following categories:

- Academics
- Arts
- Government
- Leadership/Service
- Media
- Recreational
- Religious
- Special Interest
- Sports

For a full student organization listing, or for information on starting your own organization, please visit the Student Organizations website:

http://www.easternct.edu/studentactivities/clubs-orgs/

STUDENT GOVERNMENT ASSOCIATION (SGA)

SGA provides you with the opportunity to learn democratic procedures while creating change on campus. Senators work on meeting the social, economic, and curricular needs of all Eastern students, and they also represent the student body when making decisions with the administration. Join Student Government to make a real difference in the Eastern Community, both on- and off-campus. If you are interested in joining, please send an e-mail to SGA@my.easternct.edu.

http://www.easternct.edu/studentactivities/sga/

Getting involved in co-curricular activities on campus is an excellent way to develop your personal and professional skills, and make a lasting impression.
Student Life offers opportunities to develop, explore, and test your leadership potential.

CAMPUS INVOLVEMENT

LEAP into Leadership
This student leadership series is a three-tiered personal student leadership program that strives to enhance campus culture by providing leadership training experiences for students. The program encourages students to explore their own individual leadership development potential. Whether you are a new, engaged or advanced student leader, the LEAP into Leadership program can help you develop your leadership skills.

http://www.easternct.edu/studentactivities/leadership/

Calendar of Events
For a calendar of all events on campus please visit the online Calendar of Events at:
http://calendar.easternct.edu

Student Handbook
The Eastern Connecticut State University student handbook is available exclusively online at:
As an incoming member of the Eastern community, please make yourself familiar with our policies and procedures to support your academic and social success.

http://www.easternct.edu/studentaffairs/student-handbook/

CAMPUS ACTIVITY BOARD (CAB)
CAB is an organization run by students. They offer programs to educate and entertain the Eastern community. Events include, (but are not limited to) concerts, trips, lectures, films, comedy, and culture. CAB also supports and co-sponsors events with other offices, clubs and organizations, and varsity athletics. CAB strives to unify the campus, instill a sense of school pride, and inspire you to become an active part of your community to make the most of your college experience.

Past events have included:
Concerts featuring artists like:
• Tinashe
• Ty Dolla Sign
• Weekly movie series
• Comedians
• Mac Miller
• A$AP Ferg

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Eastern's Student Center is a unifying force that brings together the University community, provides a forum for divergent viewpoints, and creates an environment where all feel welcome. It is a campus community center, serving students, faculty, administration, staff, alumni, and guests. The Student Center represents a building, an organization, and a program: It provides services, facilities, and educational cultural, and recreational programs that enhance the quality of college life. There are many resources found within the student center and you're encouraged to explore all that the building has to offer. For an in-depth look at the building, please visit the Student Center website at:

http://www.easternct.edu/studentactivities/studentcenter/

BOOKSTORE

The University bookstore can be found on the main level of the Student Center. More than just your typical bookstore, the Eastern Bookstore is a one-stop-shop for all of your daily needs. The bookstore offers many items beyond textbooks that you can buy or rent. The Eastern bookstore carries official Eastern apparel and merchandise, beauty and personal care products, snacks on the go, bestselling books, and many items to help make your residence hall feel like home. The bookstore also regularly features faculty authors as well as local authors.

For more information, and to order your textbooks via our online system, please visit the Bookstore online at:

http://www.ecsu.bncollege.com/
Intercultural Center
The Intercultural Center offers a welcoming and inclusive environment for all members of the Eastern community to embrace and celebrate diversity. The Intercultural Center also implements initiatives that increase diversity awareness of various cultures and identities. The staff at the Intercultural Center support student learning, growth, leadership and academic success by collaborating with faculty and staff and serving as a liaison to university resources. With an increasingly diverse student and staff population at Eastern, the Intercultural Center strives to facilitate opportunities for cross-cultural community building, interaction, understanding and support.
http://www.easternct.edu/interculturalcenter/

Women’s Center
The Women’s Center is committed to advancing the personal growth and intellectual development of all students. The Women’s Center empowers students to become involved in working on gender issues related to gender equality and gender-based violence, and also host fun workshops and informative guest speaker events. The Women’s Center hosts the Men’s Project and collaborates with Eastern’s Sexual Assault & Interpersonal Violence Response Team (SAIV-RT) in providing supportive referral services and empowering students to explore options in their lives.
http://www.easternct.edu/womenscenter/

Pride Center
The Pride Center provides a space that is safe, accessible, open, and confidential for all students. The room works to cultivate a community of advocacy and support for all students, especially member of the LGBTQ+ community. Through programming, the Pride Center works to increase the LGBTQ+ awareness on campus and serves as a resource for our students to inform the community about issues related to sexuality and gender identity.
http://www.easternct.edu/pridecenter/
INFORMATION DESK

Located in the center of the building, the Information Desk is staffed with trained student employees ready to assist you and answer any questions you may have. This is also where you would go if you wanted to use the billiards equipment for one of the building’s two regulation-size pool tables.

FOOD COURT

The food court features healthy food selections along with traditional options. From individually prepared meals, to a “grab and go” section for when you are in a hurry to get to class or a meeting, you have a variety from which to choose.

FITNESS CENTER

The Fitness Center is a 4,000-square-foot facility with more than 60 pieces of exercise equipment. The facility has a wireless audio/video system that allows you to bring in your own head set, plug it into the machine you are using, and listen to music or watch one of several flat screen televisions in the facility.

Internet Access

The entire building accommodates wireless computer networking including the outside front patios, as well as all seating areas. The Student Center is also hard-wired in most common areas if you need to plug in. This facility has everything you will need to support your events and activities.

- Student Organization offices
- Meeting Rooms
- Café with pool tables, TV and fireplace
- Betty R. Tipton Room (BTR), a large, multi-purpose, programming space
- Savings Institute ATM

Student Center Building Hours

Monday - Wednesday ........ 7:30 a.m. - 11 p.m.
Thursday ........................ 7:30 a.m. - Midnight
Friday ............................. 7:30 a.m. - 11 p.m.
Saturday and Sunday ........... 10 a.m. - 10 p.m.

Hours will be subject to change during break periods including intersession, summer session and other times when classes are not in session.
The Center for Community Engagement (CCE) supports the mission and vision of Eastern Connecticut State University by providing resources to build a culture of civic responsibility and engaged learning. The CCE creates sustainable, effective, and productive relationships with community partners that benefit students, faculty, and the community.

**The Center for Community Engagement (CCE)**

**333 Prospect Street**

The CCE provides resources to build a culture of civic responsibility and engaged learning on campus. The CCE works with faculty to incorporate service learning into their courses, and empowers students to be proactive and to develop their own personal volunteer interests. The CCE assists student clubs, Resident Assistants and other departments with implementing community engagement events.

**http://www.easternct.edu/cce/**

The CCE will:

- Assist you with volunteer placements based on your schedule, interest, and reason for volunteering.
- Provide you with training, orientation, and reflection activities to improve your skills and make you an effective volunteer.
- Offer transportation to and from CCE-sponsored service sites
- Sponsor recognition and awards related to civic engagement

**Community Programs** occur on a weekly basis and are developed based upon the need of the organization and its clients. Volunteers are expected to commit to specific times and days and engage consistently throughout the semester. These programs include:

- **Mentoring and Tutoring**
  Through these programs, you may assist in planning and implementing activities on a variety of topics including academic, nutrition and health; homework help; and encouraging students to pursue their interests and goals.
- **Hunger and Homelessness**
  You can volunteer with the Windham No Freeze Hospitality Center, the Covenant Soup Kitchen, WAIM, the Food Justice Committee, and other organizations on and off campus to support and promote efforts to end poverty.
- **Special Populations**
  Whether you have an interest in working with the elderly, individuals with mental health or addiction problems, or on health issues, the CCE has programs that enable you to delve in-depth into these issues.
- **Special Events** are one-time events created around a specific issue or need in the community. There are many opportunities throughout the year to participate in a special event. The CCE assists student leaders with the development of more than 150 large- and small-scale community service events throughout the year. Events include the Poverty Awareness Marathon; Day of Giving Food Drives; Day of Caring; Field Day events for local schoolchildren; Town Pride, Town Wide community clean up; and more. If you have an interest in helping to plan service activities, you are encouraged to work with CCE staff to design and implement these programs.
STUDY ABROAD

Study Abroad allows you to experience the world and the global community. You can gain cultural insight while living and studying along with students of a host country for a full semester, academic year or inter-session while earning Eastern credits. Credits earned abroad will count as transfer credits and they will not be calculated in your GPA.

The Study Abroad Office strives to:
- Provide students with the comfort, security, and confidence to study abroad.
- Connect students to resources and support structures available at Eastern’s study abroad program that will assist with their academic success and independence.
- Create rapport and build trust with students, faculty, and international universities through multicultural events and functions.

http://www.easternct.edu/internationalstudyabroad/

GLOBAL CITIZENSHIP

Earning Eastern’s Global Citizenship Certificate will help you to develop and apply the skills, appreciation, and knowledge you need to become a productive citizen of the 21st century. Once you have completed all the requirements, you will be awarded the Global Scholar Certificate and recognized as a Global Scholar on your official transcript.

Taking part in this program will allow you to develop an increasing awareness of the complexity and interdependence of our global society. You will learn to understand, communicate, and collaborate with fellow human beings from different cultures. You will explore the world—through your education and through meaningful experiences. Your experience will be documented, providing evidence to future employers of what you have to offer in this increasingly globalized world.

For further information and application instructions contact:
Joshua Idjadi, Chair
Global Citizenship Council
idjadjij@easternct.edu
(860) 465-0034
Eastern’s Department of Intercollegiate Athletics, Intramurals & Recreation encourages you to participate in some component of the athletic program to develop your full potential, so you may contribute more effectively to society and live a richer, fuller life. Eastern Athletics places emphasis on good sportsmanship on the part of student athletes, both when engaged in competition and when supporting peers from the stands.

DIVISION III

Eastern is an NCAA Division III member institution and is also a member of the Little East Conference. Student athletes compete in the following sports:

**Men’s Sports**
Baseball • Cross Country • Lacrosse • Soccer
Basketball • Swimming • Indoor Track and Field • Outdoor Track and Field

**Women’s Sports**
Softball • Cross Country • Lacrosse • Soccer
Basketball • Swimming • Volleyball
Indoor Track and Field • Outdoor Track and Field

INTRAMURALS

If you do not wish to participate in varsity athletics, Eastern offers many opportunities for recreational competition through Intramural Sports. You can organize a team with your friends and classmates, or sign up individually as a ‘free agent’ to be placed with a team. It’s easy to sign up and get involved. Visit [www.imleagues.com/EasternCT](http://www.imleagues.com/EasternCT) to register. Offerings may vary.

**Fall Sports**
Co-Ed Indoor Soccer, Tennis, Women’s and Men’s Volleyball, Co-Ed Dodgeball, Women’s and Men’s Flag Football, Co-Ed Softball, Ping Pong, Wiffle Ball, Other Special Events and Tournaments

**Spring Sports**
Women’s and Men’s Basketball, Co-Ed Floor Hockey, Co-Ed Outdoor Soccer, Co-Ed Volleyball, Golf Scramble Tournament, Softball, Kan Jam Tournament, Other Special Events and Tournaments

**CLUB SPORTS**

Women’s and Men’s Rugby, Football, Ice Hockey and Competitive Cheerleading

CENTER FOR INTERNSHIPS AND CAREER DEVELOPMENT

The Center for Internships and Career Development provides a variety of resources online and in person. If you are looking for help regarding resume writing, interviewing, internships, career and major exploration, job searching, or graduate school, this is the place for you. This office can work with you to help you discover your potential career choices, as well as prepare you for life after Eastern.

http://www.easternct.edu/career/

Throughout your career at Eastern
The Center for Internships and Career Development can help you:

Examine: Examine interests, abilities, values and personality preferences. Use this insight to choose a major and career path.

Explore: Investigate potential career paths by engaging with campus clubs, leadership training, community service, or on-campus employment.

Experience: Acquire real world experience through one or more of the experiential learning programs at Eastern.

Exit: Work with the Center for Internships and Career Development to design your post-graduate plan.
Residence hall living at Eastern provides convenience, campus and community involvement, friendships, social activities, and educational programming. Eastern works to strengthen the connections between learning and living. Studies show that students who live on campus obtain a higher grade point average than their off-campus peers and are more likely to graduate from college than other students. Your participation in the residential program provides an unlimited opportunity for you to learn, grow, and share.

http://www.easternct.edu/housing/

The Warrior Cup
This is an annual competition between all 14 Residence Halls, giving each hall the opportunity to display their commitment to personal and academic success along with hall and school spirit. The competition consists of a series of events that fit into the following areas that are important aspects of a well-rounded liberal arts experience:

- Expanding Horizons
- Personal and Professional Development
- Community Engagement
- Campus Culture

http://www.easternct.edu/housing/warriorcup/

Friday After Dark (FAD)
Friday After Dark (FAD) is a series of programs coordinated by the Office of Housing and Residential Life providing quality weekend programming to the campus community. While not the only weekend programs on campus, FAD programs add to the quality of life.

Some events require the purchase of a ticket in advance. Ticket reservation can be coordinated through the Housing Office.

http://www.easternct.edu/housing/life-fad
Residence Hall Associations (RHA)
If you are living in a residence hall, you are automatically a member of your hall’s Residence Hall Association (RHA). This means that you are able to be a part of your hall’s decision making process as the residence hall social funds cannot be spent without students voting on how it is to be used. Student input is needed to plan residence hall events, to resolve residence hall issues, and to propose residence hall community standards. Dates and times for RHA meetings will be posted and announced in each residence hall.

Residential Outreach Council (UROC)
As a residential student you are also encouraged to participate in the University Residential Outreach Council (UROC). UROC provides students with the opportunity to enhance campus life for residential students by remaining in direct communication with the Director of Housing & Residential Life as well as sponsoring large-scale events, trips, and initiatives for residential students. Dates and times for UROC meetings will be posted and announced. www.easternct.edu/housing/uroc-rha/

Individualized Developmental Experience and Learning Portfolio (IDEAL)
A liberal arts education focuses on well-rounded, holistic learning where students are intentional about the education they receive, both inside and outside of the classroom. The I.D.E.A.L. Residential Portfolio encourages students to sample a variety of Eastern’s offerings, exposing them to useful resources and activities of interest. All residential students are eligible to participate and must sign up in the first two weeks of classes. Students who participate in IDEAL have reported higher levels of engagement and satisfaction with the University.

Transitioning to college is an exciting time. New students have to acclimate to new surroundings, new peers (who will eventually become friends), and new ways to accomplish academic successes. Project M.A.T.C.H. – U.P. is an optional program for incoming students to be matched with upperclassmen peers as a means to have an initial and immediate connection to campus. The priority deadline for participating is July 15th. http://www.easternct.edu/housing/projectmatchup/

Six Week Educational Enhancement Program (SWEEP)
Research shows that students decide in the first six weeks of their college career if they plan to remain at the University. SWEEP was created to assist first-year students in acclimating and engaging with their peers and the University as a whole. SWEEP is intended to increase retention, promote academic and personal success, and to enhance the quality of life within the residence halls and aligns with the core values of Eastern. Students will participate in various events throughout the first six weeks; such as hall and floor socials, roommate expectation forms, meals with staff, community service events, the Roommate Game, RA programs, etc. www.easternct.edu/housing/sixweekchallenge/

Theme Housing
Theme housing at Eastern brings together students with similar interests to live together within the same area of a residence hall. Theme housing serves as an additional opportunity for students to gain leadership, academic and social skills. Students living in theme housing will participate in meetings, assist in planning programs, work toward common goals, and engage with the larger residential community. Information about first-year and transfer themes is emailed to incoming students. The priority deadline to apply is June 1st. If accepted into a theme, participants must sign an agreement acknowledging that they will fully contribute and participate in what the theme area has to offer. http://www.easternct.edu/housing/theme-housing/

Priority Points
All residential students have the opportunity to earn Priority Points throughout the academic year. Priority Points are used in determining the housing selection time slot for the next academic year. The more Priority Points you have, the earlier in the process you will be able to select your desired housing. You can earn points by attending educational programs, participating in community service opportunities, obtaining a high grade point average, and a variety of other ways. Information on Priority Points can be obtained from the residence hall front desk or on the Housing & Residential Life webpage. http://www.easternct.edu/housing/priority-points/
Eastern understands that commuters comprise a unique population, with needs that may be different from our residents. Although you may not live on campus, Eastern wants you to consider the campus your home when you are away from home.

**Parking**
Eastern strives to provide sufficient, safe, and convenient parking for students, staff, and faculty commuting to campus. Be sure to review the Parking Regulations brochure for parking information regarding: How to obtain a parking permit/decal, towing, handicapped parking, parking appeals and shuttle bus information. For more information regarding parking on campus please visit the Public Safety webpage at:

http://www.easternct.edu/police/

**Food Services**
Meal plans aren’t only for Eastern residents. Did you know there are dining options designed specifically for commuters? Visit the Eastern Card Services page to find the perfect option for you.

http://www.easternct.edu/cardservices/

**University Calendar**
Be sure to visit the University Calendar for a complete listing of Eastern events. As you can see, there is plenty to do when you’re at Eastern.

http://calendar.easternct.edu

**Have time in between classes?**
There are great lounge spaces throughout the campus to hang out with friends, catch up on homework, or relax and eat. Check out these great places and spaces in your spare time:

- **Webb Hall Computer Lab and Lounge**: Located on the fourth floor of Webb Hall
- **Student Center Cafe**: Located on the second floor of the Student Center; Amenities include TVs with cable, fireplace, pool tables, spacious cafe seating
- **Student Government Association Office**: Located on the first floor of the Student Center
- **Science building “Nooks”**: Located in the Science Building on each floor, at the end of the hall. Great quiet space for studying or catching up on classwork
- **Library Café**: Located on the first floor of the library
- **Veteran Services**: Located on the third floor of the Wood Support Services building, around the corner from the card office; exclusively for campus veterans. This space has a private lounge area with a microwave, mini refrigerator, flat screen TV and computer lab.
The Office of Student Conduct
The Office of Student Conduct provides students with core values and lessons on how to act as a responsible adult in a community-based living-learning environment. Through this process, students are encouraged to take responsibility for their actions and realize that the University, by design, is its own community.

As a student at Eastern, you have agreed to follow a code of conduct that best portrays you as a person and as a student at Eastern Connecticut State University. Students should read and understand Eastern's Academic Misconduct Policy, which can be found in the Eastern Student Handbook. All violations will be handled under the procedures established in this policy.

http://www.easternct.edu/studentconduct/

The Office of Public Safety
Our on-campus police officers strive to provide a safe and secure environment by collaborating with other campus entities to emphasize preventive and problem-solving policing. Public Safety provides access to crime reports, blue light emergency phones, escort service, parking appeals and regulations, parking student applications, and an on-campus shuttle service.

http://www.easternct.edu/police/

Campus Map
http://www.easternct.edu/map/
All visits and medical records maintained by the Health Service are confidential. No one outside the Health Service staff has access to medical records, and no one will be given information from them without your written consent. Medical records are kept on file for seven years after you leave Eastern.

Services Provided

Primary Care
- Via appointment with the physician, nurse practitioners, or nurse.
- Some laboratory testing is available on site.
- If necessary, Health Services can arrange for diagnostic testing, such as x-rays or more extensive laboratory tests, at Windham Hospital.
- Visits to the Health Services are free; however students are charged for office based lab tests and medications.

Health Education
The Student Health Service is also a wellness resource for students, offering:
- Educational and reference materials
- Specific health-related programming
- Professional consultation to assist in making healthier choices and achieving optimal physical and mental health.

Allergy Shots
The dose schedule and allergens must be provided through a private allergist.
185 Birch Street, Willimantic, CT 06226
http://www.easternct.edu/health/

Vaccinations
Health Services provides the following immunizations:
- MMR (Measles, Mumps, Rubella)
- Tetanus/Diphtheria/Pertussis
- Hepatitis B
- Hepatitis A
- Menactra (Meningitis)
- TB Skin testing
- Flu Vaccine
COUNSELING AND PSYCHOLOGICAL SERVICES (CAPS)

CAPS services are available at no charge to undergraduate and graduate students registered for the semester in which they are seeking services. CAPS offers individual and group counseling, couple’s therapy, crisis intervention, and psychiatric evaluations and medication management. CAPS staff includes licensed psychologists, licensed clinical social workers, and advanced graduate-level trainees. The staff possesses knowledge and expertise in a broad range of problems that university students typically and frequently encounter. CAPS can also facilitate referrals to other professionals or mental health agencies in the community when necessary.

http://www.easternct.edu/counseling/

OFFICE OF ACCESSABILITY SERVICES (OAS)

The services of this office are designed to meet the unique educational needs of students with documented permanent and temporary disabilities. Accommodations for students with disabilities are provided on a case-by-case basis after approval of documentation and an intake appointment. Students should make an intake appointment with the OAS as early as possible to determine appropriate accommodations and to ensure timely receipt of those accommodations.

http://www.easternct.edu/accessability
(860) 465-0189
AccessAbility@easternct.edu
(860) 465-0136 fax
FOUNDATION FOR CAMPUS MINISTRY (FCM)

The Foundation for Campus Ministry (FCM) is a multifaith organization dedicated to serving the spiritual needs of the University community. Currently there are Jewish, Muslim, Protestant, and Roman Catholic groups and clergy that are active on campus. The dedicated clergy of the FCM are from local faith communities and offer spiritual support and programming for the students, staff and faculty at Eastern. Knight House Multi-faith Center is the home of the Foundation for Campus Ministry. Groups representing several different faith traditions meet there throughout the week for prayer and study.

Foundation for Campus Ministry sponsored activities include:

- Open house for Knight House
- Prayers for Peace – An event held to invite all people of all faiths to pray for peace
- Thursday Knight Café
- 180 Christian Fellowship – One of the Protestant groups that holds its meetings at Knight House – same as the Hillel, Buddhist and Muslim groups
- Hillel Dinners
- Buddhist Meditation
- Red Cross Blood Drives
- Panel Discussions
- Commencement Day – Invocation and Benediction

http://www.easternct.edu/campusministry/
VETERANS EDUCATIONAL TRANSITION SERVICES CENTER (VETS CENTER)

The VETS Center provides comprehensive support services to prospective and current students who are or were members of the U.S. Armed Services and their families. The center also offers assistance to student veterans in dealing with and resolving their unique academic and life issues. The center provides specific support in admissions, academic advisement and military benefits. Veteran's education benefits are processed through the Financial Aid Office.

http://www.easternct.edu/studentaffairs/vets-center/

FINANCIAL AID

This office assists parents and students who might not otherwise be able to meet their educational expenses. The staff in the Financial Aid Office is available to help you in determining your eligibility for available financial aid.

http://www.easternct.edu/finaid/

OFFICE OF THE REGISTRAR

The Registrar’s Office maintains the accuracy and security of all student records. The staff provides information about, and services related to, academic programs and degree requirements, the academic calendar, catalog maintenance and registration. If you have any questions about your class schedule or degree evaluation, the Registrar’s office may be able to help.

http://www.easternct.edu/registrar

STUDENT EMPLOYMENT

Student Employment gives students access to both on- and off-campus employment positions. This office provides opportunities for you to work with faculty and staff as well as prominent members of the community. Students are employed in virtually all departments with skill levels ranging from trainee to highly technical.

http://www.ecsujobs.org/

BURSAR/CASHIERS

This office is responsible for the billing and collection of tuition and fees as well as other cash receipts for the University. The staff is your best resource for answering questions and resolving problems about a student’s account.

http://www.easternct.edu/fiscalaffairs/bursar/
DINING SERVICES

There are six meal plan options available to all registered Eastern students. The Silver Meal Plan offers unlimited meals at Hurley Hall for the meal plan owner and includes Guest Meals and the option to select different denominations of Dining Dollars. The 150 Block, 75 Block and 50 Block Meal Plans offer meals at Hurley Hall and include Dining Dollars. Block meal plans are great for apartment residents and commuters. A Silver Meal Plan is required in certain residence halls.

Hurley Hall is the main dining facility and is where the majority of the meal plan is used. Dining Dollars can only be used at our on-campus food service locations: Shafer Cafe, Hurley Hall, Library Cafe and the Student Center Food Court.

Please visit the Card Services Office, Room 228, Wood Support Services Center or call (860) 465-5060 for any of your meal plan questions. Contact Dining Services for questions and dietary needs at (860) 465-5207. www.dineoncampus.com/easternct/

CARD SERVICES

The Card Services Office oversees The Eastern EXPRE$$ CARD Program. The Eastern EXPRE$$ CARD is your:

- Eastern Identification Card
- On- and Off-Campus Debit Card
- Meal Plan Card
- University Library Card
- Sports Center Access Card

Your EXPRE$$ CASH Account works like a debit card for on- and off-campus purchases. EXPRE$$ CASH is equivalent to dollars. Just present your card when making a purchase at participating locations and the amount will be deducted for your EXPRE$$ CASH Account. The EXPRE$$ CARD is accepted at these locations and more:

- Eastern Bookstore
- Vending machines on campus
- Laundry machines in residence halls
- Campus activities, concerts and events
- Copying and printing
- Merchants in the community

Deposits can be made into your EXPRE$$ CASH Account online at expresscard.easternct.edu, at the Card Services Office and the Cash-to-Card Machine.

Detailed information can be found in the EXPRE$$ CARD Brochure online at expresscard.easternct.edu. http://expresscard.easternct.edu/