Gender Stereotypes
Man Up and Pick This Session
Safe Space

- Be respectful of other’s views
- Utilize “I” statements
- What is said here, stays here
- Take time for ourselves
- Know our limitations
- Use resources that are available
Getting Started

1. Step in a new direction
2. Gender and Stereotypes
3. Gender Spectrum
4. How do we fit into the spectrum
5. What can we do to help other take that step
Battle Ground

Men are:  Women are:
What about the good stereotyoes?

- Women – good stereotypes
  - Alice: She is introverted, the boss of a company, and does not take to lazy workers.

- Men – good stereotypes
  - Dan: works as a kindergarden teacher, watches Dancing with the Stars, and is very thin.
Gender

- Describe
  - Sex
  - Gender
  - Gender Expression
  - Sexual Orientation
  - Sexual Expression
Assumptions – and big words

- Dichotomy of Sex
- Heternormative
- CisGender
- Intersectionality
“What” am I?

Biological Sex

Gender Expression

Gender Identity

Sexual Orientation

Sexual Behavior

Diagram of Sex
BEM and Heterosexual Questionnaire
Where do we fall on this test?
Please answer the following questions as honestly as possible.

- What do you think caused your heterosexuality?
- When and how did you first decide you were heterosexual?
- Is it possible that your heterosexuality is just a phase you may grow out of?
- Is it possible that your heterosexuality stems from a fear of others of the same sex?
- If you have never slept with a member of your own sex, is it possible that you might be gay if you tried it?
- If heterosexuality is normal, why are so many mental patients heterosexual?
- Why do you heterosexual people try to seduce others into your lifestyle?
- Why do you flaunt your heterosexuality? Can't you just be who you are and keep it quiet?
- The great majority of child molesters are heterosexual. Do you consider it safe to expose your children to heterosexual teachers?
- With all the societal support that marriage receives, the divorce rate is spiraling. Why are there so few stable relationships among heterosexual people?
- Why are heterosexual people so promiscuous?
- Would you want your children to be heterosexual, knowing the problems they would face, such as heartbreak, disease, and divorce?

*Created by Martin Rochlin, Ph.D., January 1977*
Boxed Mind

- We naturally categorize items, lists and people
- We can consciously work to recognize these categories and avoid stereotyping
- We can keep an open mind when we are aware of our own biases
- We can assist other in developing a more open mind with everyday interactions
The Little Things Add Up

- Stop Using Gender-Based Language
- Speak Up About Sexist Behaviors and Jokes
- Create a Climate of Respect
- Ask Questions, Don’t Assume
- When leading programs as an RA, request pronoun preferences and used gender inclusive language