



Health and Wellness Exhibits,  
Employee Benefits, & Health Screenings

Tuesday, October 20

10 a.m. - 3 p.m.

Betty R. Tipton Room, Student Center

Balancing Your  
Mind, Body, & Soul!

# Health, Wellness, & Benefits Expo



EASTERN CONNECTICUT STATE UNIVERSITY

*Division of Student Affairs*

Organized by: Student Health Services and the Office of Human Resources  
Sponsored by: Student Health Services, a division of Student Affairs, Office of Human Resources and the Department of Health and Physical Education  
Please note: This event is free and open to everyone, including community members.