Keeping yourself healthy during college is possible with the resources that Eastern has for you. Take a look at the services that the **Office of Health Services** provides at [http://www1.easternct.edu/health/](http://www1.easternct.edu/health/)
Student Health Services is open to all Eastern students regardless of their insurance plan.

- Student Health Services can be used by part-time or graduate students who do not have health insurance.

- There is no charge for visits with the physician, nurse practitioners or nurses.

- All student medical records maintained by Student Health Services are confidential.

Don’t wait longer: Call at 860-465-5263 to schedule an appointment!
Get more information about the cost and eligibility, hours and contact information, confidentiality, and after hours care, by scrolling the General Information menu.
Navigate through the site and check out the Health and Wellness Resources.
With the aim of promoting health and wellness, the University offers Counseling and Psychological Services to undergraduate and graduate students registered for the semester in which they are seeking services. **These services are provided at no charge.** The Center offers a range of psychological services to help students manage their personal, social, and/or academic concerns.
Learn more about Counseling and Psychological Services at Eastern by visiting http://www1.easternct.edu/counseling/
Read through the different services that are offered at the Counseling and Psychological Services as well as the different counseling options provided by Eastern.
Thanks