

Health/Fitness Track

SPORT AND LEISURE MANAGEMENT MAJOR

Eastern Connecticut State University

Requirements: The grade of “C” or higher must be earned in all Physical Education major courses and in all Sport and Leisure Management major courses.

DEGREE REQUIREMENTS

	Years	Common Core for PE & SLM majors	Credits	Semester/Year
HPE 210	2	Personal Health	3	
HPE 328*	2	Applied Anatomy & Physiology (GER III B w/o lab)	3	
HPE 315	3	Adaptive Physical Education	3	
HPE 329	3	Physiological Basis of Movement	3	
HPE 413	3	Physiology of Exercise	3	
HPE 411***	4	Sport in American Society (writing intensive)	3	
Total			18 credits	

	Years	Sport & Leisure Management Core Courses	Credits	Semester/Year
SLM 240	1	Introduction to Recreation and Leisure Services	3	
SLM 341	2	Program Development and Evaluation	3	
SLM 330	3	Design, Construction & Management of Sports Facilities	3	
SLM 345	3	Techniques: Leadership & Problem Solving	3	
BUS 225**	3	Principles of Marketing	3	
BUS 325**	4	Consumer Behavior	3	
Total			18 credits	

Required Courses: Health Fitness

SLM 340	3	Exercise Testing and Prescription	3	
SLM 350	4	Health/Fitness Teaching Methods & Personal Training	3	
SLM 495/496	4	Internship: Health/Fitness	3	
Total			9 credits	

Electives: Choose SIX Credits

HPE 325		Holistic Health	3	
SLM 320		Entrepreneurship, Marketing & Communication in Sports	3	
HPE****		3 HPE activities health/fitness related classes	3	
Total			6 credits	
Grand Total			51 credits	

* Satisfies General Education Requirement (GER)

** Prerequisites may apply – consult with the instructor

*** Writing intensive course

**** SLM Majors must fulfill GER VB requirement

These HPE****electives may be applied to GER VB

Professional Development Points are a prerequisite for Seminars, Internships and Student Teaching.