Host: Hello and welcome to Segment Six, helping children identify and express emotions. I’m Maria Boykin, your host. Let’s take a look at our objectives for this segment.

Host: First, we’ll discuss how feelings can influence children’s classroom behavior. Next, we’ll describe ways to acknowledge and help children identify their feelings. We’ll explain how to guide children in expressing emotions in positive ways. We’ll describe strategies for helping children understand others’ feelings and how their behavior affects those feelings. And finally, we’ll discuss how to use group time activities and children’s literature to help children learn about feelings. Let’s get started.