LESSON 2

Week 2 “Academic Advisors & the ‘Eastern in 4’ Plan”; “Double Check that Registration”

(September 5-September 11)

**Important Dates/Notes:** September 5 (Monday): Labor Day. No classes.
September 6-12 Add Period. Student can late add course with instructor approval.

**Topic A:** As your son or daughter begins to settle into Eastern during this second week, it’s important for them to remember at no time should they feel there is not a knowledgeable person on campus who can help them navigate this new place. First and foremost, all first-year students have two academic advisors—a **professional advisor** located in the Advising Center (1st floor of the Library) & a **faculty advisor** in an academic department. Students should learn who they are through their email (and their “eWeb” account) in the next week or so.

Please see this webpage for information about advising at Eastern:
http://www.easternct.edu/advising/files/2014/03/DualAdvisingInfoforFreshmen.pdf

To get a “big picture” view of advising through a student’s four years at Eastern, go here:

1. **FACULTY ADVISOR:** __________________________________________________________

   **CONTACT EMAIL:** __________________________________________________________

   **OFFICE LOCATION:** _________________________________________________________

2. **PROFESSIONAL ADVISOR:** ________________________________________________

   **CONTACT EMAIL:** _________________________________________________________

   **OFFICE LOCATION:** _________________________________________________________

**Topic B:** During week 2, students will probably be feeling an increase in reading assignments, and professors will have most likely shifted from getting to know their students to lecturing, etc. *This means it’s time to set up good study habits.* A terrific idea is to have students examine when they are in class during the day and see if they might be able to set up some sort of “study space” outside of their dorm room during the day. (Studying in a dorm room is full of distractions including roommates, new friends, TVs, music, video games, etc.).

Establishing a space in the library or an empty classroom early in a semester is a good idea. In many cases, it shows others looking for the same thing the space has already been claimed. By making a space “their own,”
students’ brains will also soon interpret the area as a place to concentrate or focus, especially when the venue is quiet and free of distractions. Studying during the day—in between classes and lunch—is also a good idea because it potentially frees up more time in the evening when students have more temptation to join friends and hang out.

**Topic C:** Check that Registration! Be sure your student logs into his or her “eWeb” account and confirms their courses are all correctly reflected in the system. *It is a student’s responsibility to be absolutely sure his or her registration is correct.*

**Assignment:**

- Ask your student if he or she has checked eWeb and can confirm he or she is registered for the classes for which he or she is attending and have dropped any classes not being attended. *Students are responsible* for checking their schedules and assuring the schedules are correct.

- Make sure your student knows how to find out the name of their (1) faculty advisor and (2) professional advisor. They may not get the email from their professional advisor until week 2 or 3, but there’s no reason they should not anticipate the introduction email.

- Ask how many hours your student has set aside to study. While the rule of thumb is students should expect to study 2-3 hours outside the classroom for every hour inside the classroom each week, if your student is setting aside 30+ hours each week to study, they are ahead of the game. It may sounds like a lot of time, but that’s the reason they are at college—to learn.

**Points:** Give yourself 5 points for confirming that your student has checked their schedule and everything is correct. Give yourself 5 points for knowing your student has set up specific times (and locations) to study.

(Total: 10 possible points)