

Eastern Connecticut State University

Housing and Residential Life

10 Tips for Being a Good Roommate:

1. The Golden Rule – do to others as you would want done to you.
2. Ask Permission – do not use your roommate’s stuff without permission.
3. Be reasonable about visits from friends and boy/girl-friends.
4. Clean up after yourself.
5. Don’t do things that make your roommate uncomfortable.
6. Offer alone time.
7. Never gossip about your roommate.
8. Keep your expectations realistic – you might not be “best” friends with your roommate.
9. Find ways to appreciate your roommate.
10. Compromise – blending different lifestyles is not easy but can be rewarding.

Bonus Tip: Communication is key – talking with your roommate in a respectful tone is the best way to communicate how you feel.

5 Things to Discuss With Your Roommate:

1. When you need quiet to sleep or study.
2. What things you don’t mind sharing and what things you do not want to share.
3. Set up a cleaning schedule.
4. Expectations for visitors.
5. What makes you uncomfortable and things you don’t want happening in the room.